



Right Livelihood &
Magnified Healing®
Celebration

A program of
Belonging, Renewal, &
Joy

Sunday, December 3rd
from 11 AM to 4 PM

Heartspace at 7 Stones, 215 W. Baker St., down three steps, Media, PA 19063. Come for one or both activities. Free street and garage parking Sundays

Connecting with others is an essential key to bringing about compassion and wisdom

Right Livelihood: Bring what you do (that can fit under your chair during Celebration) to share with others – books you wrote, crafts or art you make, info on services you offer to others. Each person will have speaking and sharing time in circle. Starts 11AM.

Magnified Healing® Celebration: Come join in a Sacred Geometry of movement, sound, color and light. Creating a Sacred Space of Healing, Oneness, & Joyous Celebration! Each person participating receives unconditional love and opens the experience of being received by others more fully. What if “We cannot become Ourselves by Ourselves”? This is non-denominational, not religious. It is, however, a serene sacred ceremony, a gift you give to yourself when you participate with others. Starts 2PM.

Beverages provided. Bring your lunch to eat before start of celebration.

\$30 either or both events cash or check at event or www.paypal.com pay to myra@reikihealingcenter.org

RSVP requested: Myra Reichel 610.348.5698 or Dawn Mazzone 610.636.0279

Facilitators: please sign up in advance for station.

Magnified Healing® Kathryn Anderson & Gisele King received this practice from Kwan Yin, Great Mother Buddha to release all suffering for all people on earth.

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Phase 1 and/or Phase 3 Sessions \$50 half-hour or \$100 per hour by appointment at Watts of Yoga, 55 State Rd., Second Floor, Media, PA 19063. Use front door but park in either rear lot in rear of building off Overhill Road. Myra 610-348-5698 or myra@reikihealingcenter.org

Magnified Healing ® Phase 1: Workshop sixteen hour two consecutive days, learn daily practice which includes self-healing, healing others, remote healing, and healing of Mother Earth. Includes workbook, essence, and certificate 16CE. Next class Friday and Saturday December 1st and 2nd \$333.

Magnified Healing ® Celebration Ceremony Workshop: twelve hours includes classroom time and participation in actual ceremony, workbook, certificate – you must participate in both workshop and ceremony Next class Sunday December 3rd or by appointment. Prerequisite: Phase 1 class 10CE \$111.

Magnified Healing ® Phase 3: "Light Worker" Workshop Create beams of light to heal body systems and points of need. Next scheduled class Saturday and Sunday November 4th and 5th or by appointment. Prerequisite: Phase 1 at least 4 months prior, phone interview and 11 continuous days practice. Two full days of class. 16 CE \$333

ALL SESSIONS, CLASSES AND WORKSHOPS ARE HELD AT Watts of Yoga 55 State Rd., Second Floor, Media, PA 19063. Use front door but park in either rear lot in rear of building off Overhill Road. (other locations can be scheduled) Myra 610-348-5698 or myra@reikihealingcenter.org

Community Reiki and Reiki Shares Various Locations

All are welcome to come receive whether you do Reiki or not - Any amount donations appreciated.

1st Thursdays from 2-4PM at Media Fellowship House, 302 South Jackson St., Media, PA 19063, handicapped accessible. At 2:30PM handicapped parking opens up to everyone. Joan Nikelsky will lead on Nov. 2, Dec. 7, RSVP requested 215-498-5346, ReikiJoan@live.com Sessions with Joan

2nd Saturdays from 1 to 3PM at Watts of Yoga, 55 State Rd. 2nd floor, Media, PA 19063, park in either rear lot on Overhill Road, enter door on State Rd. Myra Reichel leads on Nov. 11 & Dec.9

4th Mondays from 1 to 3PM, at Media Fellowship House, 302 South Jackson St., Media, PA 19063, handicapped accessible. At 2:30PM handicapped parking opens up to all. Time/date may change, please RSVP Myra Reichel 610-348-5698. Nov. 27. Not on Christmas.

Fridays – Chi Gong and Tai Chi from 1-2pm followed by occasional **Chronic Pain & Fibromyalgia Support Group** - from 1:45-3pm or possibly later if needed since handicapped parking opens to all at 2:30pm - RSVP for appointment Myra 610-348-5698 both at Media Fellowship House, Surrey Senior Center, 302 South Jackson St, Media, PA 19063

Sessions and Classes: Yoga, Reiki, Karuna Reiki®, Magnified Healing® plus Readings

Joan Nikelsky, 215-498-5346, ReikiJoan@live.com, offers one-hour Usui Reiki sessions for a sliding scale fee (\$45-75) based on income. Also, Reiki can be combined with chakra balancing, a technique that uses energy drawn up from the earth to clear the energy field around the body and balance the chakras. Joan offers a

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flexible schedule for appointments, call to arrange. See Community Reiki and Reiki Shares section.

http://www.reikihealingcenter.org/joan_nikelsky.htm Sessions with Joan Nikelsky

Linda Minton – call for details and appointments at 610-237-0458. Linda offers affordable distance or Community Reiki Mini-Sessions, Magnified Healing® Phase 1 in-person or remote sessions, and/or Dolphin or Fairy or I Ching Card Reading in person or over the phone.

Alexa Fong Drubay lives in Media, PA and is a certified Laughter Yoga Teacher. Laughter Yoga was created by a cardiologist, Dr. Madan Kataria, 22 years ago in India. This type of laughter exercise helps to reduce stress and promote overall well-being for body, mind, and spirit. Since its creation in 1995, it has spread to 106 countries and is practiced at over 6000 laughter clubs around the world. For 3 years now, Alexa has been offering FREE weekly Laughter Yoga club meetings to the community. She also leads Laughter Yoga sessions for all types of groups for all ages. She enjoys laughing with kindergartners all the way up to older adults.

Alexa also offers Laughter Yoga Leader certification trainings to teachers, social workers, therapists, health coaches, activity directors, medical professionals and others who feel the need for more personal joy and laughter in their lives and who want to integrate this modality into their existing work. For more information please visit <http://www.laughteryogawithalexa.com/testimonials> or call 215-478-5669.

Khadijah Renee (ReneeQueenA@aol.com) offers Reiki and Magnified Healing® sessions and classes in Philadelphia, PA. Khadijah Renee will be teaching Reiki classes: 12 hour 2 day classes. Registration will require a \$200 deposit. Payment can be rendered via www.paypal.com to ReneeQueenA@aol.com or by credit card or check Includes Reiki workbook and certificate. For information about Khadijah's music and reiki practice go to [Music and Reiki](#) or therapy practice go to

Watts of Yoga, 55 State Road, 2nd floor, use rear entrance with wooden steps by rear parking lots behind building when attending yoga or barre classes. www.wattsofyoga.com Yoga and Barre Classes. A small room with natural north lighting has become available in which to offer holistic sessions, rent at \$125 per month. Call Deb Santan 267-690-1004.

Victoria Powell is a Reiki Master Teacher and Sound Healer from Media, PA. She is a transformational leader, helping people to heal themselves and heal the Earth.

She provides Usui/Holy Fire Reiki, Sound Healing, and Akashic Healing sessions for stress relief, well-being, and spiritual healing. During a session, she combines hands-on healing with weighted tuning forks for the body and non-weighted tuning forks for the aura. Clients experience a deeply relaxed state, allowing the body to feel calm and peaceful. "Tune your body to its natural frequency"

For more information or to schedule a session with Victoria, [visit Victoria Powell](#)

Myra Reichel – 610-348-5698 myra@reikihealingcenter.org Sessions and Classes are usually held at Watts of Yoga 2nd floor, Media, PA 19063, though they may be scheduled at other locations with travel fee added. Payment for Sessions or Classes is by Cash, Check to Reiki Healing Center (call for mailing address), or pay on www.paypal.com to Myra@reikihealingcenter.org. Classes require RSVP and \$100 deposit in advance and balance due first day of class. Discounts for classes only when there are three or more students in all days of chosen class.

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Sessions: ONE HOUR **SESSIONS:** Reiki \$80 or Karuna Reiki® or Magnified Healing® \$100. HALF HOUR SESSIONS: Energy Work, Reiki, or Magnified Healing® \$50. DISTANCE HEALING: Three twenty minute remote Reiki or Magnified Healing sessions \$60. Low income clients please request to pay half hour rate of \$50.

CLASSES:

Classes could start as early as 8:30am but are usually held from noon to 6pm. Dates/times can be adjusted to fit your schedule. Classes can be either six 2-hour or four 3-hour or three 4-hour or two 6-hour for 12 hours of class. Class descriptions and upcoming dates listed below. Choose first and last class dates or pick multiple dates from list for shorter length classes, or go to [Sept to Dec 2017 Proposed Class List](#) –schedule by appointment with Myra 610-348-5698. myra@reikihealingcenter.org

[Continuing Nurses Education](#) is available with an additional \$50 fee for filing reports to AHNA. for Myra Reichel's Reiki I Shoden, and Shinpiden Reiki Master Classes which have current approval and watch for update on Reiki II Okuden which has been submitted for renewal.

[Massage Therapist and Bodyworker Continuing Education](#) is available for all Myra's classes and for Jeanne's Acupressure Classes approved by the NCBTMB.

Please check whether your state is accepting CE for Reiki classes

Ethics Classes: Ethics Fire Drill –\$50 per 2 hours of class up to 6 hours for one class. 2-6 CNE

Upcoming Reiki Sessions and Classes with Myra Reichel

Reiki Session \$50 half hour, \$80 full hour, Karuna Reiki \$100 hour. By appointment

Shoden Reiki I/Reiki I Shoden (12 hours) \$300 11AM-5PM Tuesdays, November 7 and 14 or other dates on proposed class list or by appointment. Learn to do Reiki relaxation and healing for self and others. Workbook/Certificate, 12 hours of classes: either 2 six-hour or multiple shorter classes by appointment. \$300 massage therapists and bodyworkers 12 CE/ \$350 nurses 10 CNE.

Okuden Reiki II/Reiki II Okuden (12 hours) \$300 9AM-3PM Saturdays November 11 and 18 or Saturday, November 11 9AM-3PM and Monday, November 13 10AM-4PM.or dates listed on proposed class list or by appointment. Learn three Reiki Symbols and how to do professional Reiki sessions. Prerequisite is Reiki I any lineage. Workbook, Certificate, 12 hrs of classes (two six-hour or multiple shorter classes by appointment); \$300 massage therapist or bodyworkers 12 CE or nurses \$350 with 10 CNE.

Reiki Master Practitioner/Advanced Practice: (12 hours) Learn Reiki Master Symbol and additional techniques. Prerequisite is Reiki II any lineage. Certificate, 12 hours of classes. dates by appointment \$300. 12CE

Shinpiden Reiki Master (24 hours) 10AM-4PM (12 hours Reiki Master Practitioner Mondays, November 13 and 20 \$300 12CE for massage therapists or bodyworkers, prerequisite Reiki II any lineage Certificate).12 hours Reiki Master Shinpiden 12 CE for massage therapist or body worker). Mondays, November 27 and December 4, \$300,

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prerequisite completion of Reiki Master Practitioner in this lineage – Certificate plus Shoden and Shinpiden workbooks.

Learn Reiki Master Symbol and how to do Reiju and Attunements. Prerequisite is Reiki II any lineage. 24 hours classes: \$600 massage therapist or bodyworker 24 CE nurses, \$650 with 22 CNE. Mondays in November other dates as listed in proposed schedule or by appointment.

Reiki Master Shinpiden: (12 hours) Learn how to offer Reiju and do attunements. Prerequisite Reiki Master Practitioner or already have and use Reiki Master symbol and know Japanese Reiki techniques. Workbooks and Certificate, 12 hours \$300. 12 CE

Secondary Classes for Reiki I Shoden, Reiki II Okuden, or Reiki Master Practitioner – learn additional techniques and/or practice to deepen your practice – Prerequisite already have certificate for level you wish to take - per 6 hr., usually the 2nd class of each level, pick date from list or by appointment \$150.

Holistic Practitioner – running your own holistic practice any modality: 6 hours \$200 or 12 hours \$300. 12CE

Karuna Reiki® 1 & 2: Learn 8 Karuna symbols chants and toning to help abuse issues, negative karma, habits and addictions. (Separately, Level 1 \$350/Level 2 \$300) Prerequisite: attunement to Reiki Master Symbol at least 6 months prior – longer if using Reiki only for yourself; 8 hours per level. Workbook/Certificate also signed by William Rand, \$600. 16CE

Karuna Reiki® Master: Teach Karuna Reiki® and perform attunements. Prerequisite Karuna Reiki® 1 & 2 and have taught and attuned others to Reiki any lineage in your own classes at least 6 months if working as professional or 1 yr. 8 hours -\$300 8CE

Other classes/meetings: Myra leads **Chi Gong and Tai Chi** on Fridays from 1 to 1:45PM and a **Chronic Pain and Fibromyalgia Support Group** on Fridays starting at 1:45PM at Media Fellowship House 302 South Jackson St. Media PA 19063. Please RSVP on Friday before noon, 610-348-5698.

Myra also leads meetings to study the teachings of Mr. G.I. Gurdjieff. [Gurdjieff Meetings in Media, PA](#)

More information listed on www.reikihealingcenter.org or contact Myra Reichel 610-348-5698 or email myra@reikihealingcenter.org.

[Proposed class list](#)

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