

# Reiki Healing Center October to December 2017 Newsletter

## Right Livelihood & Magnified Healing® Celebration



### A program of Belonging, Renewal & Joy

Connecting with others is an essential key to bringing about compassion and wisdom

**Right Livelihood:** Bring what you do (that can fit under your chair during Celebration) to share with others – books you wrote, crafts or art you make, info on services you offer to others. Each person will have speaking and sharing time in circle. Starts 11AM

**Magnified Healing® Celebration:** Come join in a Sacred Geometry of movement, sound, color and light. Creating a Sacred Space of Healing, Oneness & Joyous Celebration! Each person participating receives unconditional love and opens the experience of being received by others more fully. What if “We cannot become Ourselves by Ourselves”? Starts 2PM

Sundays, October 8<sup>th</sup> and December 3<sup>rd</sup> from 11AM-4:PM at Heartspace at 7 Stones, 215 W. Baker St., down three steps, Media, PA 19063 come for one or both activities on either or both dates.

Liquid refreshments provided – bring your lunch - \$30 for either day or \$50 both days.

[www.paypal.com](http://www.paypal.com) pay to [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) or cash or check at event

RSVP requested: Myra Reichel 610.348.5698 or Dawn Mazzone 610.636.0279

Facilitators please sign up in advance for station.

### Magnified Healing®

Kathryn Anderson & Gisele King received this practice from Kwan Yin, Great Mother Buddha to release all suffering for all people on earth. This is non-denominational, not religious. It is, however, a serene sacred ceremony, a gift you give to yourself when you participate with others.

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**Magnified Healing® Sessions** \$50 half-hour or \$100 per hour by appointment Myra 610-348-5698

Reiki Session \$80. Reiki Classes \$300 per level, Magnified Healing® Phase 1 or Phase 3 \$333.

### Community Reiki and Reiki Shares Various Locations

All are welcome to come receive whether you do Reiki or not - Any amount donations appreciated.

**1<sup>st</sup> Thursdays** from 2-4PM at Media Fellowship House, 302 South Jackson St., in Media, PA 19063, handicapped accessible. At 2:30PM handicapped parking opens up to everyone. Joan Nikelsky will lead on Oct. 5, Nov. 2, Dec. 7, RSVP requested 215-498-5346, [ReikiJoan@live.com](mailto:ReikiJoan@live.com)

**2<sup>nd</sup> Saturdays** from 1 to 3PM at Watts of Yoga, 55 State Rd. 2nd floor, Media, PA 19063, park in either rear lot on Overhill Road, enter door on State Rd. Barbara Cohn will lead on Oct. 14, Myra Reichel leads on Nov. 11 & Dec. 9

**4<sup>th</sup> Mondays** from 1 to 3PM, at Media Fellowship House, 302 South Jackson St., Media, PA 19063, handicapped accessible. At 2:30PM handicapped parking opens up to all. Time/date may change, please RSVP Myra Reichel 610-348-5698. Oct. 23, Nov. 27. Not on x-mass.

**Fridays – Chi Gong and Tai Chi** from 1-2pm followed by occasional **Chronic Pain & Fibromyalgia Support Group** - from 1:45-3pm or possibly later if needed since handicapped parking opens to all at 2:30pm - RSVP for appointment Myra 610-348-5698 both at Media Fellowship House, Surrey Senior Center 302 South Jackson St, Media, PA 19063

### Sessions and Classes: Yoga, Reiki, Karuna Reiki®, Magnified Healing® plus Readings

**Joan Nikelsky**, 215-498-5346, [ReikiJoan@live.com](mailto:ReikiJoan@live.com), offers one-hour Usui Reiki sessions for a sliding scale fee (\$50-80) based on income. Also, Reiki can be combined with chakra balancing, a technique that uses energy drawn up from the earth to clear the energy field around the body and balance the chakras. Joan offers a flexible schedule for appointments, call to arrange. See Community Reiki and Reiki Shares section.

**Linda Minton** – call for details and appointments at 610-237-0458. Linda offers affordable distance or Community Reiki Mini-Sessions, Magnified Healing® Phase 1 in-person or remote sessions, and/or Dolphin or Fairy or I Ching Card Reading in person or over the phone.

**Alexa Fong Drubay** lives in Media, PA and is a certified Laughter Yoga Teacher. Laughter Yoga was created by a cardiologist, Dr. Madan Kataria, 22 years ago, in India. This type of laughter exercise helps to reduce stress and promote overall wellbeing for body, mind, and spirit. Since its creation in 1995, it has spread to 106 countries and is practiced at over 6000 laughter clubs around the world. For 3 years now, Alexa has been offering FREE weekly Laughter Yoga club meetings to the community. She also leads Laughter Yoga sessions for all types of groups for all ages. She enjoys laughing kindergartner, all the way up to older adults.

Alexa also offers Laughter Yoga Leader certification trainings to teachers, social workers, therapists, health coaches, activity directors, medical professionals and others who feel the need for more personal joy and

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laughter in their lives and who want to integrate this modality into their existing work. For more information please visit <http://www.laughteryogawithalexa.com/testimonials> or call 215-478-5669.

**Khadijah Renee** ([ReneeQueenA@aol.com](mailto:ReneeQueenA@aol.com)) offers Reiki and Magnified Healing® sessions and classes in Philadelphia, PA. Khadjiah Renee will be teaching Reiki classes 12 hour 2 day classes Registration will require a \$200 deposit. Payment can be rendered via PAYPAL.com to ReneeQueenA@aol.com or by credit card or check Includes Reiki workbook and certificate.

**Watts of Yoga** 55 State Road, 2<sup>nd</sup> floor use rear entrance with wooden steps by rear parking lots behind building. [www.wattsofyoga.com](http://www.wattsofyoga.com) Yoga and Barre Classes . A small room with natural north lighting has become available in which to offer holistic sessions rent \$125 per month. Call Deb Santan267-690-1004.

**Myra Reichel – 610-348-5698** [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) Sessions and Classes are usually held at Watts of Yoga 2nd floor, Media, PA 19063 though they may be scheduled at other locations with travel fee added. Payment for Sessions or Classes is by Cash, Check to Reiki Healing Center, (call for mailing address) or pay on [www.paypal.com](http://www.paypal.com) to [Myra@reikihealingcenter.org](mailto:Myra@reikihealingcenter.org). Classes require RSVP and \$100 deposit in advance and balance due first day of class Discounts for classes only when there are three or more students in all days of chosen class.

**Sessions:** ONE HOUR **SESSIONS:** Reiki \$80 or Karuna Reiki® or Magnified Healing® \$100. HALF HOUR SESSIONS: Energy Work, Reiki, or Magnified Healing® \$50. DISTANCE HEALING: Three twenty minute remote Reiki or Magnified Healing sessions \$60. Low income clients please request to pay half hour rate of \$50.

**CLASSES:** Classes could start as early as 8:30am but usually held from noon to 6pm. Dates/times can be adjusted to fit your schedule. Classes can be either six 2hour or for 3 hour or three 4 hour or two 6 hour for 12 hours of class. Class descriptions and upcoming October dates listed below choose first and last class dates or pick multiple dates from list for shorter length classes or go to [Sept to Dec 2017 Proposed Class List](#) –schedule by appointment with Myra 610-348-5698. [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org)

**Continuing Nurses Education** is available with an additional \$50 fee for filing reports to AHNA. for Myra Reichel's Reiki I Shoden, and Shinpiden Reiki Master Classes which have current approval and watch for update on Reiki II Okuden which has been submitted for renewal.

**Massage Therapist and Bodyworker Continuing Education** is available for all Myra's classes and for Jeanne's Acupressure Classes approved by the NCBTMB.

Please check whether your state is accepting CE for Reiki classes

**Ethics Classes: Ethics Fire Drill** –\$50 per 2 hour of class up to 6 hours for one class. 2-6 CNE

**Reiki I Shoden/Shoden Reiki I:** Learn to do Reiki relaxation and healing for self and others. Workbook/Certificate, 12 hours of classes either 2 six hour or multiple shorter classes by appointment. \$300 or \$350 12 CE/ nurses 10 CNE.

**Reiki II Okuden/Okuden Reiki II:** Learn three Reiki Symbols and how to do Professional Reiki Sessions. Prerequisite is Reiki I any lineage. Workbook, Certificate, 12 hrs of classes (two six hour or multiple shorter classes by appointment); \$300 nurses \$350 with 10 CNE.

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**Reiki Master Practitioner/Advanced Practice:** Learn Reiki Master Symbol and additional techniques. Prerequisite is Reiki II any lineage. Certificate, 12 hours of classes. (dates by appointment) \$300. 12CE

**Shinpiden Reiki Master:** Learn Reiki Master Symbol and how to do Reiju and Attunements. Prerequisite is Reiki II any lineage. Workbooks and Certificate with 24 hours of classes \$600 24CE nurses \$650 with 22 CNE.

**Reiki Master Shinpiden:** Learn how to offer reiju and do attunements. Prerequisite Reiki Master Practitioner or already have and use Reiki Master symbol and know Japanese Reiki Techniques. Workbooks and Certificate, 12 hours \$300. 12CE

**Secondary Classes for Reiki I Shoden, Reiki II Okuden, or Reiki Master Practitioner** – learn additional techniques and/or practice to deepen your practice – Prerequisite already have certificate for level you wish to take - per 6hr. usually the 2<sup>nd</sup> class of each level pick date from list or by appointment \$150.

**Holistic Practitioner** – running your own holistic practice any modality- 6 hours \$200 or 12 hours \$300. 12CE

**Karuna Reiki® 1 & 2:** Learn 8 Karuna symbols chants and toning to help abuse issues, negative karma, habits and addictions. (Separately Level 1 \$350/Level 2 \$300) Prerequisite attunement to Reiki Master Symbol at least 6 months prior – longer if using Reiki only for yourself 8 hours per level Workbook/Certificate also signed by William Rand \$600. 16CE

**Karuna Reiki® Master:** Teach Karuna Reiki® and perform attunements. Prerequisite Karuna Reiki® 1 & 2 and have taught and attuned others to Reiki any lineage in your own classes at least 6 months if working as professional or 1 yr 8 hour -\$300 8CE

**Magnified Healing® Classes** Kathryn Anderson & Gisele King received this practice from Kwan Yin, Great Mother Buddha to release all suffering for all people on earth. This is non-denominational, not religious. It is, however, a serene sacred ceremony, a gift you give to yourself when you participate with others.

**Magnified Healing® Phase 1:** sixteen hour classes, learn daily practice which includes self-healing, healing others, remote healing, and healing of Mother Earth. Includes workbook, CD, essence, and certificate 16CNE Next class Friday and Saturday December 1<sup>st</sup> and 2<sup>nd</sup> \$333

**Magnified Healing® Celebration Ceremony Workshop** twelve hours includes classroom time and participation in actual ceremony, workbook, certificate – you must participate in both workshop and ceremony Next class Saturday, September 23 9AM – 6PM or Sunday December 3<sup>rd</sup> or by appointment. Prerequisite: Phase 1 class 10CNE \$111.

**Magnified Healing® Phase 3.** Create beams of light to heal body systems and points of need. Next scheduled class Saturday and Sunday November 4<sup>th</sup> and 5<sup>th</sup> or by appointment. Prerequisite: Phase 1 at least 4 months prior, phone interview and 11 continuous days practice. Two full days of class. 16 CNE \$333

**Other classes/meetings:** Myra leads a **Chi Gong and Tai Chi** on Fridays from 1 to 1:45PM on Fridays and a **Chronic Pain and Fibromyalgia Support Group**, on Fridays start at 1:45PM Please RSVP on Friday before noon. Media Fellowship House 302 South Jackson St. Media PA 19063

Meetings to study the teachings of Mr. G.I. Gurdjieff. [Gurdjieff Meetings in Media, PA](#)

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More information listed on [www.reikihealingcenter.org](http://www.reikihealingcenter.org) or contact Myra Reichel 610-348-5698 or email [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org).

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