

Reiki Healing Center



Artwork by Nataki Bhatti © 2018

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Good Karma Yoga and Barre (formerly Watts of Yoga),
55 State Road, 2nd Floor Media, PA 19063

www.reikihealingcenter.org

PRIVATE SESSIONS

Reiki/ Karuna Reiki ®/ Magnified Healing® Sessions with Myra Reichel 610-348-5698
myra@reikihealingcenter.org Half hour Session is \$50, full hour session is \$80, hour and a half session is \$115 by appointment. Three twenty minute Distance/Remote Healing sessions are \$60. Sessions and classes are held by appointment at [Good Karma Yoga and Barre](#) (formerly Watts of Yoga), 55 State Road, 2nd Floor, Media, PA 19063 (Please use front door but park in either rear lot in back of building off Overhill Road. Please do not use rear wooden steps to enter.) Classes can be held at your location with additional fee.

Reiki Sessions with Joan Nikelsky, 215-498-5346, ReikiJoan@live.com. Joan Nikelsky offers one-hour Usui Reiki sessions for a sliding scale fee (\$45-75) based on income. Also, Reiki can be combined with chakra balancing, a technique that uses energy drawn up from the earth to clear the energy field around the body and balance the chakras. Joan offers a flexible schedule for appointments, call to arrange. See Community Reiki and Reiki Shares section on website. http://www.reikihealingcenter.org/joan_nikelsky.htm .

Reiki, Magnified Healing® Phase 1 Sessions, Distance Sessions, and Card Readings with Linda Minton – call for details and appointments at 610-237-0458. Linda offers affordable Distance or Community Reiki Mini-Sessions, Magnified Healing® Phase 1 in-person or remote sessions, and/or Dolphin or Fairy or I Ching Card Reading in person or over the phone.

Reiki and Magnified Healing® Sessions and Classes with Khadijah Renee (ReneeQueenA@aol.com) in Philadelphia, PA. Khadijah Renee will be teaching 12 hour 2-day Reiki classes. Registration will require a \$200 deposit. Payment can be rendered via <http://www.paypal.com> to ReneeQueenA@aol.com or by credit card or check. Class includes a Reiki workbook and certificate. For information about Khadijah's music and Reiki practice, go to [Khadijah Renee - Music and Reiki](#)

Acupuncture sessions and Reiki sessions, classes, and shares with Eloise Prescott, Acupuncturist, Reiki Master Teacher Eloise.prescod@gmail.com 267-240-5109. Eloise works out of Hidden River in Manayunk section of Philadelphia, PA and does some home visits for homebound by appointment. New clients check Groupon.

Nataki Bhatti is a Reiki Master Practitioner, a Karuna® Reiki Practitioner, 1st Phase Master Teacher of Magnified Healing®, a 3rd Phase "Light Worker", and Marriage & Death Rite Officiate currently based in the NEPA, North East Pennsylvania. She offers a variety of individual and group services. Nataki is an

interdisciplinary artist with a background in community art management, teaching, program development and workshop facilitation. Commission her for living sacred art attuned with energy promoting spiritual transformation and healing. She is available for "Energy Clinics" where she uses a performative art style to educate and demonstrate the creative power of energy healing. More – see her artwork at top of newsletter www.facebook.com/paintedmother, www.facebook.com/narrativeoftheredstring, www.whalesongcontinuum.com Email creativityasenergy@gmail.com

MYRA REICHEL'S CLASSES ALSO OFFER CONTINUING EDUCATION

Continuing Nurses Education – The following classes are currently AHNA approved please check [Continuing Education page](#) on www.reikihealingcenter.org website for **additional information**. Go to list of proposed classes on website or through link below and please check updated list at end of this newsletter for additional and changed class dates or schedule by appointment.

- Shoden Reiki I,
- Okuden Reiki II,
- Shinpiden Reiki Master Classes

Massage Therapist and Bodyworker Continuing Education Units approved by The National Certification Board for Therapeutic Massage and Bodywork NCBTMB until December 5, 2020 are as follows:

- Shoden Reiki 1 12hrs/12 CEU, Reiki 1 Shoden Secondary Course 4hrs/4CEU,
- Karuna Reiki® 1 8hrs/8CEU, Karuna Reiki® 1 Secondary Course 4hrs/4CEU,
- Holistic Practitioner 12hrs/12CEU, Holistic Practitioner Secondary Course 6hrs/6CEU
- Holistic Practitioner Conversations 4hrs/4CEU, Chapter 2hrs/2CEU
- Ethics Fire Drill for Practitioners 2hrs/2CEU or 4 hrs/ 4CEU
- Ethics for Sexuality Issues for Hands-on or Hands-off Practitioners 4hrs/4CEU Classes

See [Class List](#) on www.reikihealingcenter.org or further down in this newsletter for these and other classes on dates listed or by appointment. Additional higher level Reiki and Magnified Healing® workshops are offered but please check if your state licensing board is accepting for CEU for those classes and workshops not covered by AHNA or NCBTMB approval. Call Myra Reichel 610-348-5698 or myra@reikihealingcenter.org

NOTE: If you are thinking of maybe taking a class or workshop between June 1, 2018-January 1, 2019 please send me proposed dates as soon as possible so class will be offered on the dates you wish. I will be planning schedule to post on NCBTMB website soon. You can always schedule by appointment but easier if the class you want is already scheduled on dates more likely to work for you. Call Myra at 610-348-3698.

COMMUNITY REIKI AND REIKI SHARES

1st Thursdays Daytime Reiki Share and Community Reiki at Heart Space: The first Thursday of every month from 12:30 to 2:30 pm, led by Joan Nikelsky. This session is for experienced Reiki practitioners as well as newcomers interested in trying Reiki. People who have studied Reiki have an opportunity to practice with each other, while we also offer mini-sessions to those who have not been attuned to Reiki.

Meeting in the daytime during the week is convenient for those with flexible schedules (self-employed, retired, etc.) and/or people who avoid evening events. All are welcome. You could even come on your lunch break if you work close by. The fee is on a sliding scale of \$10-20, payable at the site (call for special rate for

unemployed). Please bring a check or exact change. Dress comfortably. Sessions will be on a massage table or a reclining chair. RSVPs are appreciated, which will help us with setting up and timing sessions. **Contact Joan Nikelsky at ReikiJoan@live.com or 215-498-5346.** Private Reiki and/or chakra balancing sessions of one-half hour or one hour can also be arranged before or after the Reiki Share. Contact Joan for sliding scale information and available times. <http://www.heartspacemedia.com/events/daytime-reiki-share-community-reiki-heart-space/>

2nd Saturdays Community Reiki and Reiki Share from 1 to 3PM at [GOOD KARMA YOGA AND BARRE](#) (formerly Watts of Yoga), 55 State Rd. 2nd floor, Media, PA 19063, park in either rear lot on Overhill Road, enter door on State Rd. Donation. 610-348-5698.

4th Mondays Community Reiki from 1 to 3PM, at Media Fellowship House, 302 South Jackson St., Media, PA 19063, handicapped accessible. At 2:30PM handicapped parking opens up to all. April 23. Please RSVP Myra Reichel 610-348-5698.

QUIGONG, TAI CHI, KRIYA YOGA, YOGA AND BARRE CLASSES

World Tai Chi & Qigong Day Event on Tuesday, May 1 from 9:30 - 11:00 a.m.

Join us in celebration of World Tai Chi & Qigong Day. This special event is open to members and non-members. No experience required. Bring a friend for free. Join us for fun and authentic refreshments. * *This event takes the place of the regularly scheduled Tai Chi class on 5/1. The entire basketball court will be closed during this event.* Event Details:

- Enjoy Tai Chi Yang Style Long Form and Qigong demonstrations.
- Experience these practices with guided instruction from Curt Woolford. Curt has been an instructor of Mindfulness, Yoga, Tai Chi, and Qigong for over 15 years. He has studied Tai Chi with Michael Craft at Omega Institute and Qigong with Master FaXiang Hou at the Qigong Research Society.
- Hen-Peng Chiang style Taiji presented by guest instructor Myra Reichel.

About Tai Chi & Qigong

Tai Chi and Qigong are gentle exercises often described as meditation in motion? According to Harvard Health Publications: "There is growing evidence that this mind-body practice, which originated in China as a martial art, has value in treating or preventing many health problems. And you can get started even if you aren't in top shape or the best of health."

Registration is required for this FREE Event: Reserve your space by calling the Healthplex (in Springfield on Route 320 next to Springfield Hospital – note fee to park in parking garage) Service Desk at 610.328.8888.

Mondays -7-8PM **Chi Gong and Tai Chi** with Cheryl Macklin cam2506@me.com at the Media Borough Hall 4th and Jackson streets in community center to left of police station. Cost is 1st free/\$50 ten classes Media residents/\$55 out of Borough.

Fridays -1-1:45PM **Chi Gong and Tai Chi** Class is open to all. Donations appreciated not required. Call Myra 610-348-5698 to confirm. At the **Media Fellowship House**, Surrey Senior Center, 302 South Jackson St, Media, PA 19063.

Second Saturdays May 12 from 3-5PM and other dates – **Kriya Hatha Yoga Class**. Please RSVP Frank Lock lock796@gmail.com cell phone: 484-947-1096 to confirm class is running, at **Good Karma Yoga and Barre** (formerly Watts of Yoga)–**Kriya Yoga** is a physical, vital, mental, intellectual and spiritual discipline, in which one remembers one's true Self, the pure Witness consciousness, and lets go of the false egoistic identification with the body and mental movements. Kriya Yoga develops trust, gratitude and devotion for God's Presence in one's life. In this class, we will learn and practice Kriya Hatha Yoga postures, and introductory breathing and meditation. If you plan to attend, please RSVP. \$5-20 donation.

Yoga and Barre Classes –[Good Karma Yoga and Barre](http://www.goodkarmayoga.us) (formerly Watts of Yoga), 55 State Road, 2nd floor, Media, PA 19063 Check price list at www.goodkarmayoga.us. Text Deb Santan 267-690-1004.

Classes with Myra Reichel

Please call 610-348-5698 to check dates you wish are available. Pay deposit on www.paypal.com to myra@reikihealingcenter.org. Request mailing address to send \$100/or third of class cost deposit check.

Ethics, Holistic Practitioner Classes (discount for group 5 or more)

Ethics Fire Drill –\$50 2 hour class/ - 2CEU NCBTMB; **Ethics Fire Drill** –\$100 4 hours class 4CEU NCBTMB; **Ethics for Sexuality Issues for Hands-on and Hands-off Practitioners** - \$100 4 hours 4CEU NCBTMB. Choose from any Friday; April 19; April 25; May 24; June 6; June 15; or by appointment.

Holistic Practitioner: running your own holistic practice, any modality: 12 hours 12CEU NCBTMB \$300, **Secondary Course** 6 hours 6 CEU NCBTMB \$150 or **Conversations** 4 hours 4CEU NCBTMB \$100 or **Chapter 2** hours 2CEU NCBTMB \$50. Choose from following dates: Monday April 23; Tuesday April 24; Sunday April 29; Monday April 30; May 14; May 15; May 21; May 22; or by appointment.

Reiki Classes with Myra Reichel



About Reiki: *Reiki, which means “spiritually guided life force energy,” is a Japanese technique that helps with stress reduction and relaxation and can promote healing. The Reiki energy flows through the practitioner, who channels it to the client through a gentle hands-on touch, although it can also be done hands-off, if preferred by the client. Reiki treats the whole person on all levels – physical, mental, emotional, and spiritual – and usually leads to feelings of peace and well-being.* The founder, Usui Mikao, was born in Japan on the 15th of August in 1865 and died in 1927. (Photograph from International House of Reiki) See dates on [Class List](#) or below

in newsletter or schedule by appointment. Each level includes a Workbook and Certificate.

Continuing Education is available for Nurses, Massage Therapists & Bodyworkers. Cost is \$300 per 12 hours of classes per level of 4 sections of Reiki usually 2 6-hour days or in shorter classes by appointment.

Reiki I Shoden Class: Learn Reiki for self-care and for others. Pick from the following dates or schedule by appointment: Saturday 4/21 and Sunday 4/22, or Sundays 4/22 and 5/20 from 11AM-5PM, or Sundays 5/13 and 5/20 9AM-3PM, or Saturday 5/19 and Sunday 5/20, Saturday 6/23 and Sunday 6/24 or by appointment.

Reiki Healing Center Newsletter April to June 2018

Reiki II Okuden Class: Learn three Reiki Symbols, their drawing, chant, and jumon. Prepare to deepen your personal Reiki experience and to be able to start offering Reiki to clients if you wish. Tuesday April 17 and 24 or schedule other dates by appointment. Saturday 4/21 and 4/29 ; or Sundays 4/22 and 4/20 1-7PM ; or Saturday 5/13 and 5/20 ; or Saturday 5/19 and Sunday 5/20; Saturday 6/23 and Sunday 6/24 or by appointment.

Reiki Master Practitioner (this class is first half of Shinpiden Reiki Master): Learn Reiki Master Symbol along with its and level 2 chants and jumon, additional Japanese Reiki Techniques. Tuesday April 17 first class and April 24 last class or schedule other dates by appointment. Saturdays 6/9 and 6/16 or by appointment.

Reiki Master Shinpiden (this class is second half of Shinpiden Reiki Master): Learn about teaching Reiki students, learn to do reiju and attunements and receive permission to use International House of Reiki workbooks. Class starts on 5/31 and meets at least 4 times or schedule other start dates by appointment.

Karuna Reiki® Classes with Myra Reichel

About Karuna Reiki® Developed by William Lee Rand, Reiki Master, Sessions of Karuna Reiki® assist the client to heal abuse issues of any form, habits and addictions, karmic issues, and help clients prepare for exams and other future events. Classes to learn this modality are taught on set dates and by appointment. Myra Reichel 610-348-5698

Karuna Reiki® 1: Learn 4 Karuna symbols, chants, and toning to help abuse issues, negative karma, habits, and addictions. Prerequisite: attunement to Reiki Master Symbol at least 6 months prior – longer if using Reiki only for yourself; 8 hours. Workbook/Certificate also signed by William Rand, \$350. 8 hours 8 CEU NCBTMB. April 18, April 28, May 16, June 20

Karuna Reiki® 1 Secondary Course: Prerequisite Karuna Reiki® 1 or higher you can come for last four hours of class to practice chanting and toning your symbols. 4 hours 4CEU NCBTMB. April 18, April 28, May 16, June 20 or by appointment.

Karuna Reiki® 2: Learn 4 Karuna symbols, chants, and toning to help abuse issues, negative karma, habits, and addictions. Prerequisite: attunement to Reiki Master Symbol at least 6 months prior – longer if using Reiki only for yourself; 8 hours. Workbook/Certificate also signed by William Rand, \$300. 8 hours. By appointment.

Karuna Reiki® Master: Teach Karuna Reiki® and perform attunements. Prerequisite Karuna Reiki® 1 & 2 and have taught and attuned others to Reiki, any lineage, in your own classes at least 6 months if professional, or 1 yr. \$300 8 hours. By appointment

Magnified Healing® Workshops with Myra Reichel

About Magnified Healing®: Brought by Lady Master Kwan Yin, as spokesperson for the Spiritual Hierarchy, to Rev. Gisele King and Rev. Kathryn Anderson to assist humanity at this time, to release all suffering for all people on earth. 1st Phase practice and sessions are done standing and include healing the nervous system, the chakras, the body Karma, and more. 3rd Phase sessions are done sitting while healing body systems and parts of the body. During the Celebration Ceremony, all present move through a line of 1st Phase healers receiving healing, join in sending healing to their family and friends, as well as, Mother Earth. “We are the Celebration” is about connecting with others as an essential key to bringing about compassion and wisdom.

Reiki Healing Center Newsletter April to June 2018

1st Phase Magnified Healing®: Master Teacher of Magnified Healing® of the God Most High of the Universe. Learn this beautiful standing, moving, spoken daily meditative practice. Learn this daily practice that includes healing for yourself, how to use for healing others, remote healing, healing for Mother Earth, Workbook, CD of daily practice, essence to support healing, I AM card, Three-Fold Flame card, Certificate, and permission to teach 1st Phase after completing 11 continuous days of practice. Two full days \$333. Saturday May 5 and Sunday May 6. 10AM-6PM or Schedule by appointment. \$333

Magnified Healing® Celebration Workshop: This ten hour one or two half day workshop includes both classroom time and participation in actual ceremony, workbook, and certificate. Schedule by appointment or on day of Celebration. Prerequisite: completion of 1st Phase 1 workshop, even day prior. \$111. Next **Magnified Healing® Celebration Ceremony** will possibly be held sometime second weekend in June in Media, PA and/or on June 30 in Lancaster, PA. After that we are planning one in September in King of Prussia, PA. First half of workshop for this level can be taken on day before Ceremony – and both halves must be completed to receive workbook and certificate.

3rd Phase Magnified Healing® "Light Healing" Practitioner Workshop: Create beams of light to heal body systems and points of need. Prerequisite: 1st Phase at least 4 months prior, phone interview, and 11 continuous days of practice. Workshop is two full days of class 14-16 hours. \$333. I also have a student interested in taking this workshop on a Sunday and Monday if you are interested let me know and there is a class scheduled Saturday June 2 and Sunday June 3 if you would like to help form these or other workshops please let me know dates.

Magnified Healing® 3rd Phase Master Teacher Workshop: This three-four day workshop will be held in October 2018 in Miami, Florida, or in/near Media, PA in summer of 2019 with Rev. Gisele King. It is also offered in various countries around the world. Please check www.magnifiedhealing.com for dates and locations. Prerequisite for 3rd Phase Master Teacher is 3rd Phase Practitioner at least six months prior, having taught at least one Phase 1 class, participation in Celebration Ceremony Workshop and Ceremony, completion of additional assignments given by teacher Rev. Gisele King prior to class.

Please send dates that you would be available to take this workshop in summer of 2019 along with \$25 deposit to www.paypal.com to myra@reikihealingcenter.org or call 610-348-5698 for mailing address for checks. Please also let us know if you are interested in participating in the Celebration Ceremony Workshop and Celebration with Gisele King or other reviews on the days before the 3rd Phase Teacher Training Workshop.

VOLUNTEER OPPORTUNITY

Brookdale Hospice Searches for Volunteer Reiki Practitioners- contact Spiro Ballas at sballis@brookdale.com.

REIKI HEALING CENTER IS ON FACEBOOK - Please Like: <https://www.facebook.com/reikihealingcenter>

MYRA REICHEL

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