

# Reiki Healing Center August 2017 Newsletter



## Annual Usui, Founder of Reiki, Birthday Party

Usui, Founder of Reiki Birthday Party at **Watts of Yoga 55 State Rd-2nd floor – Media, PA 19063**. All are welcome to attend. Please use front door facing State Rd. for Reiki Healing Center events and rear door for Watts of Yoga classes. 2 rear parking lots for all on Overhill Rd. Front park for those with handicapped tags.

### Friday, August 11

Noon-6pm Friday, Aug. 11 & Saturday, Aug. 12 – Reiki II Okuden \$300 (prerequisite Reiki I any lineage) RSVP required.

### Saturday, August 12

9-10:15am Mindful Hatha Yoga with Val Boyko \$15 pre-register at [www.wattsofyoga.com](http://www.wattsofyoga.com)

9-10:15am Vinyasa Yoga with Deb Santan \$15 pre-register at [www.wattsofyoga.com](http://www.wattsofyoga.com)

10:30-noon Networking and bring your lunch – open to all – donations appreciated

11:00-1pm Kripalu Yin Yoga Workshop with Val Boyko in Yoga Studio \$30 pre-register at [www.wattsofyoga.com](http://www.wattsofyoga.com)

Noon-6pm Saturday, Aug. 12 first day Reiki II Okuden Secondary class \$150 (prerequisite Reiki II any lineage) – if you are one of Myra Reichel's students and have already taken this class already and have certificate there is a special \$25 fee for the Reiki II Okuden Secondary Class on April 12<sup>th</sup> to celebrate Usui's Birthday.

Noon-6pm Saturday, Aug. 12 and Sunday Aug. 13 first day Reiki Master Practitioner 1<sup>st</sup> \$300 (prerequisite Reiki II any lineage) – if you are one of Myra Reichel's students and have already taken this class there is a special \$50 fee for the Reiki Master Practitioner Class on Aug 12<sup>th</sup> and 13<sup>th</sup> to celebrate Usui's Birthday.

Noon-6pm Saturday, Aug. 12 second day continuation of Reiki II Okuden class from Friday, Aug 11 (prerequisite 1<sup>st</sup> Reiki II Okuden class)

Noon -6pm Saturday, Aug. 12 , Aug. 13, Aug.14 & Aug. 15 first day Shinpiden Reiki Master \$600 (prerequisite Reiki II any lineage) – if you are one of Myra Reichel's students and have already taken Shinpiden Reiki Master class there is a special \$100 fee or if you have taken Reiki Master with Myra Reichel there is a special fee of \$200 for the Class only on these four days to celebrate Usui's Birthday.

### **The following activities are open to everyone for a donation**

Noon-1pm Meditation and Reiju – receive spiritual blessing as given by Usui, founder of Reiki

1-3pm Community Reiki RSVP 610-348-56998 for appointment and experience mini-Reiki sessions

1-3pm Reiki Share trade with other Reiki Practitioners

3-3:30pm Chanting and Toning and Jumon – feel the energy of the chants or if know join in the chanting

3:30pm break

4-5pm **Be Happy! An hour of Positive Psychology and Meditation - Rahman Beckwith, PsyD** is here to help you to bring more joy to your life through conscious focusing. Using a mixture of Positive Psychology and spirituality she helps people to reach new levels of wonderful feelings and experiences in their lives!

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In this class you will learn how to improve your thoughts using various methods including an ancient, powerful breathing meditation. \$25 donation suggested. **Dr. Beckwith's Training:** Psy.D.- Holistic and Spiritual Psychology, Eisner Institute; M.S.- Counseling, International Institute for Restorative Practices; B.A.- Molecular Biology, Princeton University.

Email [Rahmanheals@gmail.com](mailto:Rahmanheals@gmail.com) if you have questions. Or call 484-680-8196. Learn more at [Dr.RahmanBeckwith.wordpress.com](http://Dr.RahmanBeckwith.wordpress.com)

### Sunday, August 13

9:30am-10:45 Power Vinyasa with Deb Santan preregister [www.wattsofyoga.com](http://www.wattsofyoga.com)

Noon-6pm second class Shinpiden Reiki Master Class and second class Reiki Master Practitioner

Noon-6pm Reiki Master Practitioner Secondary Class 6 hours \$150.

1-2pm Meditation and Reiju

2-2:30pm Chanting and Toning

2:30pm break

**3-4pm Be Happy! An hour of Positive Psychology and Meditation - Rahman Beckwith, PsyD** is here to help you to bring more joy to your life through conscious focusing. Using a mixture of Positive Psychology and spirituality she helps people to reach new levels of wonderful feelings and experiences in their lives! In this class you will learn how to improve your thoughts using various methods including an ancient, powerful breathing meditation. \$25 donation suggested

**Dr. Beckwith's Training:** Psy.D.- Holistic and Spiritual Psychology, Eisner Institute; M.S.- Counseling, International Institute for Restorative Practices; B.A.- Molecular Biology, Princeton University  
Email [Rahmanheals@gmail.com](mailto:Rahmanheals@gmail.com) if you have questions. Or call 484-680-8196. Learn more at [Dr.RahmanBeckwith.wordpress.com](http://Dr.RahmanBeckwith.wordpress.com)

### Monday, August 14

9:30-10:45am Mindful Hatha Yoga with Val Boyko sign up \$15 per class on [www.wattsofyoga.com](http://www.wattsofyoga.com)

11-11:45am Networking lunchtime – park in rear lots on Overhill Road enter front door on State road quietly since students will be in meditation in yoga class until 10:45am RSVP Myra 610-348-5698

Noon-6pm third continuing class of Shinpiden Reiki Master

Noon-6pm first class Reiki Master Shinpiden prerequisite Reiki Master any lineage or Reiki Master Practitioner with Myra Reichel 12 hours \$300– these two classes teach attunement process

4:30-5pm Chanting and Toning - donation

5-6pm Meditation with Reiju - donation

6-7:15pm Vinyassa Flow with Deb Santan sign up \$15 per class on [www.wattsofyoga.com](http://www.wattsofyoga.com)

Tuesday, August 15

9:30-10:30am Barre class with Jan \$15 sign up on [www.wattsof yoga.com](http://www.wattsof yoga.com)

Noon-6pm continuing fourth class Shinpiden Reiki Master

Noon – 6pm second class Reiki Master Shinpiden

Noon-6pm Note all of Myra's Shinpiden Reiki Masters are welcome to attend this class for review.

Meditation with Reiju 5-6pm

6:15-7:15pm Barre class with Jan \$15 sign up on [www.wattsof yoga.com](http://www.wattsof yoga.com)

6:15-7:15pm Vinyasa Flow with Deb \$15 sign up on [www.wattsof yoga.com](http://www.wattsof yoga.com)

Location of all classes and events: Watts of Yoga 55 State Road 2nd floor Media PA 19063.

For Reiki classes \$100 deposit in advance and balance due first day of class by Cash, Check, or at [www.paypal.com](http://www.paypal.com) to [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org).

Magnified Healing® Celebration

Sacred Ceremony of Light, Sound, Color & Divine Energy. Healing of the Earth & Distance Healing for Yourself, Friends, Family, and Humanity.

WHEN: **TENATIVE:** Saturday, September 23 from 2-4pm

WHERE: At private residence in Manalapan, NJ 077026 about 1.5hours from Media, PA – Call Myra 610-348-5698 for directions

COST: Love Donation \$5-\$25

Please RSVP as soon as possible to let us know if you would be interested in attending either as guest or if you do Magnified Healing® and would like to be a facilitator – we need more facilitators to make this first time event in New Jersey happen. Myra 610-348-5698

Magnified Healing® was brought to Gisele King and Kathleen Anderson, Co-founders of Magnified Healing®, by Lady Master Kwan Yin.

Magnified Healing® Celebration and “Craft Fair”

**When:** Sunday, October 8<sup>th</sup> – times and location in either West Chester or Media, PA to be determined.

Guests and Potential Facilitators **Questions:** Myra Reichel 610.348.5698 [Myra@reikihealingcenter.org](mailto:Myra@reikihealingcenter.org) or Dawn S. Mazzone 610.636.0279 [Dawn@creativeconomyenterprises.com](mailto:Dawn@creativeconomyenterprises.com)

Magnified Healing® was brought to Gisele King and Kathleen Anderson, Co-founders of Magnified Healing®, by Lady Master Kwan Yin.

**“Craft Fair” Please preregister and pay fee for table space for October 2017 by August 22**

Magnified Healing® Celebration Sunday December 3<sup>rd</sup>

## Reiki Healing Center August 2017 Newsletter

Thank You for your Joy in Sacred Ceremony!

Magnified Healing® Facilitators please help design the **Magnified Healing® Celebrations** for the next few months, so they work best for you!

1. Would you be interested in daily (weekdays only) phone/ skype 15 minute group gatherings?
2. When and where would you like the Celebrations to be held?

Please elaborate as simply or in as great detail as you wish. If you'd like to be a facilitator, please confirm that for us. We are open to your ideas and suggestions. Let's co-create a plan as we co-create the celebrations on the day of their event. We appreciate each of you for your light, love & commitment!



All those who have completed Magnified Healing® Phase 1 or above workshops may participate in the line of healers at the Celebration. If you would like to participate in the line of healers and have not taken the Phase 1 workshop please check below for Phase 1 class dates or schedule the 16 hour class by appointment. You may participate in the Celebration even on the day your complete your Phase 1 workshop. If you wish to take classes, receive sessions, or if you would like to participate in the line of healers please contact Myra Reichel 610-348-5698 or Dawn Mazzone 610-636-0279

### Magnified Healing® Workshops

**Phase 1 Master Teacher of Magnified Healing® Workshop** will be offered on the first Friday and Saturday or first Saturday and Sunday in August, September, October, November, and/or December 2017 or Monday and Tuesdays October 16 and 17 or October 23 and 24 - \$100 deposit - additional \$233 is due first day of class with total being \$333. Please register minimum of 10 days prior to class so your workbook, certificate, CD of daily practice, flower essence, and "I am" card can be ordered in time for class. You also receive permission to teach others Phase 1 after you have completed 11 days of continuous practice. Class is total of 16 hours over the two days. You are invited to learn Magnified Healing® Phase 1 and learn the daily practice and healing for self, others, mother earth, remote healing plus you will be introduced to new material (rec'd by Rev. Gisèle King) to incorporate into your MH® practice. Once you have taken this class you may participate in Celebration- RSVP Myra 610-348-5698.

**Phase 2 Celebration Workshop for Phase 1 /Phase 3** initiates – December 3<sup>rd</sup> from 9am to 7pm. Workshop includes learning how to give a celebration ceremony from 9am to 3pm, and actual practice during Celebration Ceremony from 3 to 5pm, and 5 to 7pm closing and the presentation of certificates. \$100 includes workbook and certificate, plus permission to hold your own Magnified Healing® Celebrations and teach others Celebration Workshop upon completion of workshop and ceremony. Prerequisite Phase 1.

Phase 3 "**Light Healing**" workshop will be offered on Saturday and Sunday, November 4<sup>th</sup> and 5<sup>th</sup> 2017 or either Friday and Saturday or Saturday and Sunday in September over Labor Day weekend and or by appointment. Prerequisite 4 months practice of Phase 1, answering questions over the phone, sending/emailing a picture of your Phase 1 Certificate, 11 continuous days of practice right before Phase 3 class. \$100 deposit, additional \$233 due first day of class: Total \$333. An additional 2 full day class with Rev. Gisele King must be taken before teaching Phase 3 to others.

**Magnified Healing® SESSIONS** - Myra Reichel (610-348-5698 or [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org)): \$60 half hour \$100 hour. Phase 1 works with system, aura and chakras, karma, and ascension. Phase 3 works with body systems – choose 3 while all systems are treated and 3 places for hands on work for particular issues.

## Reiki Healing Center August 2017 Newsletter

### Community Reiki and Reiki Shares

All are welcome to come receive whether you do Reiki or not - Any amount donations appreciated.

**1<sup>st</sup> Thursday** from 2-4pm at Media Fellowship House, 302 South Jackson St., Media, PA 19063, handicapped accessible. At 2:30PM handicapped parking opens up to everyone. RSVP requested Myra 610-348-5698 [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) or Joan 215-498-5346 [ReikiJoan@live.com](mailto:ReikiJoan@live.com) 8/3/17, 9/7/17, 10/5/17, 11/2/17

**2nd Saturdays** from 1 to 3PM at Watts of Yoga, 55 State Rd. 2nd floor, Media, PA 19063, park in either rear lot on Overhill Road and enter door on State Rd. 8/12/17 Usui Birthday Party, 9/9/17, 10/14/17, 10/11/17

**4th Mondays** from 1 to 3PM, at Media Fellowship House, 302 South Jackson St., Media, PA 19063, handicapped accessible. At 2:30PM handicapped parking opens up to all. Time/date may change, please RSVP Myra Reichel 610-348-5698. 8/28/17, 9/25/17, 10/23/17, 11/27/17

Fridays – Chi Gong and Tai Chi from 1-2pm at Media Fellowship House 302 South Jackson St, Media, PA 19063

### Reiki, Karuna Reiki®, Magnified Healing® Sessions and Readings by Appointment

Khadijah Renee ([ReneeQueenA@aol.com](mailto:ReneeQueenA@aol.com)) offers Reiki and Magnified Healing® sessions and classes in Philadelphia, PA. Khadijah Renee will be teaching Reiki classes 12 hour 2 day classes Registration will require a \$200 deposit. Payment can be rendered via PAYPAL.com to ReneeQueenA@aol.com or by credit card or check.. Includes Reiki workbook and certificate.

Joan Nikelsky, 215-498-5346, [ReikiJoan@live.com](mailto:ReikiJoan@live.com), offers one-hour Usui Reiki sessions for a sliding scale fee (\$50-80) based on income. Also, Reiki can be combined with chakra balancing, a technique that uses energy drawn up from the earth to clear the energy field around the body and balance the chakras. Joan offers a flexible schedule for appointments, call to arrange. See Community Reiki and Reiki Shares section.

Linda Minton – call for details and appointments at 610-237-0458. Linda offers affordable distance or Community Reiki Mini-Sessions, Magnified Healing® Phase 1 in-person or remote sessions, and/or Dolphin or Fairy or I Ching Card Reading in person or over the phone.

### Reiki Sessions – Myra Reichel 610-348-5698 or ([myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org))

Reiki sessions for \$80 for a full hour or \$125 for hour and half session includes healing for body, mind, emotions, and spirit working with the energy field, either hands-on or hands-off or both, including aura and chakras. (Ask about Community Reiki and Discounted Sessions that are available for low income and home bound clients)

Karuna Reiki® \$95 for a full hour includes some chanting of healing sounds. Helpful for spirit working with the energy field either hands-on or hands-off or both, including aura, chakras, karma, past lives, abuse issues, and grounding issues.

### Ethics, Holistic Practitioner, Reiki, and Karuna Reiki® Classes

Classes held at Watts of Yoga, 55 State Road, 2nd floor, Media, PA 19063 or other locations by appointment. Classes at Watts: PLEASE park in either of 2 rear lots on Overhill Rd and come in door facing State Rd. Please call Myra Reichel at 610-348-5698 or email [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) to confirm. Please check chart below for dates for scheduled classes or schedule by appointment. Classes are held for one or more students.

## Reiki Healing Center August 2017 Newsletter

Myra Reichel offers all her classes by appointment including: Intro to Reiki for groups, \$40 per hour plus travel; Review of Attunement Process for her students of either lineage, 4 hours \$80; 3 different Ethics classes, \$50 per 2 hours or \$100 for 4 hours; Holistic Practitioner for any modality, 12 hours \$300; Karuna Reiki® workbook and certificate for all 3 levels at \$350 per 8 hour class per level or \$900 for all 3 levels, 24 hours; Reiki classes all levels workbook and certificate 12 hours \$300 Reiki I Shoden or Reiki II Okuden or Reiki Master Practitioner or Reiki Master Shinpiden. Reiki Master Shinpiden is 24 hours and \$600. Continuing Nursing Education, as well as, Continuing Education is offered for Massage Therapists and Bodyworkers.

Reiki I Shoden (no prerequisite): learn to do Reiki relaxation and healing sessions for self and others, 12 hours \$300 or with 10 CNE \$350, Reiki II Okuden (Reiki I): learn 3 Reiki symbols and their chants and jumon, 12 hours \$300 or with 10 CNE \$350, and Reiki Master Practitioner (equals Reiki III –RMP – Advanced Practice)(prerequisite Reiki II or Okuden any lineage): learn Reiki Master Symbol and additional techniques, 12 hours \$300, Reiki Master Shinpiden (prerequisite Reiki Master Practitioner International House of Reiki lineage): learn attunements, reiju, and be able to use lineage materials to teach students Shinpiden Reiki, Workbook and Certificate, 12 hours \$300; Shinpiden Reiki Master 24 hours with 20 CNE continuing nurses education includes Shinpiden Reiki Master Certificate and 3 workbooks \$650.

Each class meeting time could last 2, 3, 4, or 6 hours based on level(s) needed by students with additional classes chosen by teacher and students together, scheduled by appointment until required classroom hours are completed.

**Suggested Class Dates** – All Classes by Appointment or on dates listed above. Classes start at 8:30AM or later

Class with Myra Reichel	1 <sup>st</sup> Class	Last Class
Reiki I	29-Jul	30-Jul
Reiki II	28-Jul	4-Aug
Reiki II	4-Aug	18-Aug
Reiki II	5-Aug	12-Aug
Reiki Master Practitioner 12 hours 2 classes	12-Aug	13-Aug
Reiki Master Shinpiden 12 hours 2 classes	14-Aug	15-Aug
Karuna Reiki I	19-Aug	19-Aug
Reiki I	19-Aug	20-Aug
Reiki i	6-Aug	7-Aug
ethics	21-Aug	21-Aug
Magnified Healing® Phase 3	26-Aug	27-Aug
Fall dates and times are available please call: Myra 610-348-5698 or email <a href="mailto:myra@reikihealingcenter.org">myra@reikihealingcenter.org</a>		

All Classes by Appointment or on dates listed above. Classes start at 8:30am or later

\$100 deposit (except ethics classes or review deposit \$25) due before class pay to [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) at [www.paypal.com](http://www.paypal.com) You must have prerequisites for higher level classes.

Balance due first day of class. Discounts only if three or more students in class.

### Continuing Education for Massage Therapists and Bodyworkers

Credits are hour for hour - 12 hours Reiki class equals 12 credits; please check with your local Board to see if our classes certified by the National Certification Board for Therapeutic Massage and Bodywork are approved for your State.

Continuing Nursing Education varies per class, see Continuing Education below.

#### Continuing Education

Reiki Healing Center (RHC) is pleased to announce that Continuing Nursing Education is available for Reiki classes. RHC offers flexible scheduling for private or group classes. Call 610-348-5698 and schedule your class today! The Reiki Healing Center, founded by Myra Reichel, Shinpiden Reiki Master, teaches Reiki classes using philosophy and workbooks of the International House of Reiki.

Myra Reichel studied with Frans Steine, Shinpiden of the International House of Reiki in 2010. Frans studied with Doi Hiroshi, Current Member of the Usui Reiki Ryoho Gakkai and other teachers in Japan. Myra had previously studied with Marion Yaglinski, R.N., Reiki Master, of the Rose Tree Reiki Center from 1998 to 2004 when she completed her Master Training and started teaching classes.

#### Continuing Nursing Education (CNE)

This continuing nursing education activity is approved by the American Holistic Nurses Association (AHNA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

- Reiki I Shoden class #1197 is approved to award 10 CNE until June 17, 2018
- Reiki II Okuden class #1157 is approved to award 10 CNE until September 9, 2017 (re-approval is being sought)
- Shinpiden Reiki Master Class #1180 is approved to award 22CNE until April 8, 2018

Note: Approvals are based on the review of RHC's Individual CNE Activities rather than "provider approval". See the specific class details to confirm CNE approval. Updates will be posted on the RHC website. Approval for contact hours through the American Holistic Nurses Association (AHNA) is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

### Gurdjieff Meetings

Introduction to the Teachings of George I. Gurdjieff: Series of 6 intro meetings by appointment, then join group on Tuesday evenings or other times meetings are scheduled. \$10 donation per meeting. Meetings are led by Myra Reichel (610-348-5698), a member of the Institute for Religious Development since 1971. Myra studied with its founder, Mr. W.M. Nyland, a direct student of Mr. Gurdjieff. Potential students must read the first and last chapter of G.I. Gurdjieff's book, *All and Everything, Beelzebub's Tales to his Grandson*.

It is suggested that you meet with Ms. Reichel before starting the series. During the meetings we read from *All and Everything*, read excerpts from 2500 meetings led by Mr. Nyland, explore our formation of interest in these ideas, development of a wish to achieve our aims, and form definitions of words to describe our experiences.

(Please check [www.reikihealingcenter.org](http://www.reikihealingcenter.org) or email Myra Reichel at [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) or call Myra 610-348-5698 for additional information).

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