

## Reiki Class Descriptions 2021- Reiki Healing Center



### Reiki Classes

LIVE/ in person classes limited to 5 students during pandemic.

DISTANCE LEARNING/online over the internet in real time classes some limited to 5 and some limited to 10 students.

Prior to class:

A \$50 deposit is required for classes that the full fee is \$50 to \$100.

A \$100 deposit is required for classes where full fee is \$100 to \$550.

A \$200 deposit required for each 12 hours of Shinpiden Reiki Master which is a 24 hour class.

Check in the current RHC Newsletter or Schedule by appointment

Myra Reichel 610-348-5698 or [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org).

### Introduction to Reiki/Intro to Reiki – 2 hours

No prerequisite. Learn the History and Meaning of Reiki and Reiki Ethics. Receive short Reiki mini-session. You can sign up for just this class and later decide if you want to continue with the other 10 hours of the Reiki I Shoden 12 hour class.

Schedule by appointment. Live in person \$100

Distance Learning online over the internet in real time \$50 0

### Reiki I Shoden / Reiki I Shoden Hands-on– 12 hours

No prerequisite.

During this class you will become a Reiki I Practitioner. You will learn the history and meaning of Reiki (spiritually guided life force energy); learn the Reiki precepts and how to use them in meditation; learn the hand positions to do Reiki for yourself and the hand positions for doing Reiki for others; in addition, you will learn Japanese Reiki Techniques including qui gong, meditations, breathing exercises and other techniques.

You will receive 2 reiju blessings and 4 attunements to assist you to pull additional energy into and through your body. During the classes, you will receive a minimum of 2 Reiki mini sessions. You will learn how to offer a Reiki session to another person and experience doing Reiki for another person at least once during the class. You will receive a Reiki I Shoden workbook and Reiki I Shoden Certificate.

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After the class you will be able to perform self-Reiki to assist yourself with relaxation, stress reduction, reduced anxiety, better physical, mental, emotional, and spiritual health; receive the benefits of doing meditation and qui gong, and various other techniques; ability to volunteer offering Reiki sessions to family and friends, as well as to participate offering Reiki during Reiki Shares with other Reiki Practitioners, and to offer Reiki mini-sessions during Community Reiki times

\$550 for **Live/live in person** 12 hour class.

\$300 for **Distance Learning/online class over internet in real time** 12 hour class.

\$400 For **Combination of Live in person /Distance Learning online over internet in real time** 12 hour classes with not more than half of class is in person and half or more than half of class is over Zoom or other online program. 12 hours.

\$400 **Combo Class**—part Live/live in person and part DISTANCE LEARNING/online over the internet in real time Reiki I Shoden / Reiki I Shoden Hands-on Part 1 & Part 2— 12 hours

Note if you do not have Reiki 1 any lineage as Prerequisite you must sign up for and pay for either full 12 hour Reiki I Shoden or take and pay for both 6 hour Reiki I Shoden Part 1 and 6 hour Reiki I Shoden Part 2.

Prerequisite Reiki 1

If you already have your Reiki 1 Certificate you can take Part 1 and/or Part 2 separately to deepen your practice or to learn the Japanese Reiki Techniques: breathing, qui gong, clearing, meditations, etc.

**Reiki I Shoden Hands-on Part 1 – 6 hours**

Receive Reiki I Shoden Notes and Reiki I Shoden Part 2 Certificate.

If you do not have a Reiki 1 Certificate schedule and pay for the full 12 hour Reiki I Shoden class

\$275 for **Live/live in person** 6 hour class

\$225 for **combination live in person and Distance Learning/ online over the internet in real time** 6 hour class

\$175 for **Distance Learning/online over the internet in real time class** 5.5 hours nurses or 6 hours everyone else who has already taken a Reiki 1 class any lineage.

(Nurses must take full 12 hour class in person or 10.5 hour class Online over zoom to receive Contact hours but they can take parts of classes without Contact hours – when they have completed the full required hours they can capture their Contact hours)

**Reiki I Shoden Hands-on Part 2 – 6 hours** If you do not have a Reiki 1 Certificate you must schedule and pay for the full 12 hour Reiki I Shoden class

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For those who have already completed a Reiki 1 class any lineage or have taken the first 6 hours of Reiki I Shoden to learn additional Japanese Reiki Techniques, receive reiju, and refresh their Reiki 1 attunement. You will receive at least one Reiki mini-session and you will have the opportunity to offer Reiki to others during the class to prepare for offering Reiki sessions. Receive Reiki I Shoden Notes and Reiki I Shoden Part 2 Certificate.

Schedule by appointment if you already have a Reiki 1 Certificate or have just completed the first half.

\$275 for **Live/in person** 6hour class everyone who has already taken Reiki 1 any lineage.

\$225 for **combination Live/in person /Distance Learning online over the internet in real time** - 6 hour not more than half of class held live but more than half can be distance learning.

\$175 for **Distance Learning/online class over the internet in real time** 6 hours.

Schedule by appointment.

**Reiki Attunements/Reiki Sessions** attunement and re-attunement as part of a class.

As part of class with Myra Reichel/Reiki Healing Center for your current level.

**LIVE/ live in person** hour \$100

**DISTANCE LEARNING/ Online over internet in real time half hour** \$25 or hour \$50

Re-Attunement/Reiki Sessions without class participation

Re-attunements are possible bring your current certificate to a scheduled session

\$125 in person or \$50 over zoom. Please contact Myra for more info,

**Reiki II Okuden** or Reiki II Okuden Hands-on 12 hours

Prerequisite Reiki 1 Certificate or higher from any lineage.

In this class you will learn comparison between the Eastern and Western views of Reiki. You will enhance your understanding of the history and meaning of Reiki; learn 3 Reiki II Symbols, their history, meaning, drawing, chants and jumon; plus you will learn the Reiki I Shoden and Reiki II Okuden Japanese Reiki Techniques including meditations, qui gong, and other techniques. You will practice self-Reiki, offering Reiki to others, chanting the symbols, plus various techniques and meditations.

You will receive 2 Reiju, 3 attunements, at least one Reiki mini-session, if you wish you can start charging for Reiki sessions both in-person and remotely, as well as to charge for house clearings; a Reiki II Okuden Workbook, and a Reiki II Okuden Certificate.

Check Current schedule in RHC Newsletter or Schedule by appointment.

\$550 for Live/live in person 12 hour class.

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\$300 for Distance Learning/online class over internet in real time 12 hour class.

\$400 For Combination of Live in person /Distance Learning online over internet in real time 12 hour classes with not more than half of class is in person and half or more than half of class is over Zoom or other online program. 12 hours.

\$400 Combo Class—part Live/live in person and part DISTANCE LEARNING/online over the internet in real time Reiki II Okuden or Combo class: both Reiki II Okuden Secondary Course 6 hours / Reiki II Okuden Hands-on Secondary Course 6 hours – 12 hours

**Reiki II Okuden Secondary Course 6 hours / Reiki II Okuden Hands-on Second Half or part B 6 hours**

**Reiki II Okuden Secondary Course 6 hours**

Prerequisite Reiki 1 Certificate and signed up for both parts and paid in full

Learn the History and Meaning of Reiki, the Japanese Reiki Techniques, receive either reiju or attunement or re-attunement, practice doing self Reiki and Reiki for others.

Prerequisite Reiki 2 Certificate

You can take Part 1 and/or Part 2 separately to deepen your practice or to learn the Japanese Reiki Techniques: breathing, qui gong, clearing, meditations, etc., receive reiju or re-attunement

**Reiki II Okuden Second Half or part B: 6 hours**

Prerequisite Completion of Reiki II Okuden Secondary Course or Reiki 2 Certificate

The reasons for you to take this course include learning the Japanese Reiki Techniques; deepening your practice of Reiki by performing self-Reiki, offering Reiki sessions to others; receiving 1 Reiju and 1 Reiki attunement for renewal of your connection to Reiki; to look deeper into the history, meaning, and ways to use your 3 Reiki II Symbols; to learn the chants and jumon associated with the Reiki II symbols; and if you wish to charge fees you will have more experience to feel more comfortable charging fees for giving Reiki sessions both in-person and remotely, as well as charging for performing house clearings.

**Live/In Person** Fee: \$275 (\$100 deposit by 3 days in advance and balance of \$175 on first day of class for in-person /Live classes.

**For Combination of Live in person /Distance Learning online over the internet in real time** classes Fee: \$225 with not more than half of class is in person and half or more than half of class is over Zoom or other online program.

**For Distance Learning online over the internet in real time** Fee; \$175 your workbook will be sent when full \$300 payment and mailing address is received.

Note: only 1 student needed to ensure class runs (you can still register for the class up to the day of the class if something else has not been scheduled or schedule by appointment).

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### **Reiki Master Practitioner (RMP) / Reiki Master Practitioner Hands-on -12 hours**

Prerequisite Reiki 2 any lineage

Once you have completed a Reiki 2 class or higher of any lineage you can take this 12 hour class to become a Reiki Master Practitioner. Half of this class is retaking the second half of Reiki II Okuden with the focus of learning more fully the Japanese Reiki Techniques; deepening your practice of Reiki by performing self-Reiki, offering Reiki sessions to others; renewing your connection to Reiki by receiving a reiju; looking deeper into the history, meaning, and ways to use your 3 Reiki II Symbols; learning the chants and jumon associated with the Reiki II symbols.

During the additional 6 hours you will receive a reiju blessing and your Reiki Master Attunement; learn the Reiki Master healing technique and additional Reiki Master Japanese Reiki Techniques. At this level you have more tools and experience to access during your self-Reiki practice and with others. You have permission, if you wish, to work with clients and can charge fees for in-person or remote sessions, as well as house clearings and you have the addition of the Reiki Master Symbol and its chants and jumon to assist you.

You will receive 2 workbooks both Reiki Okuden and Part 1 Shinpiden Workbook; a Reiki Master Practitioner Certificate. You will be able to advance to Karuna Reiki® 1 & 2 after 6 months of practice as a professional or 1 year practice with your Reiki Master Practitioner level.

A class is a total of 12 hours over 2 or more days. Reiki Master Practitioner comes with two workbooks (Reiki II Okuden and Shinpiden Reiki Master Book 1) and a Reiki Master Practitioner Certificate.

Prerequisite is Reiki 2 from any lineage. Students who complete Reiki Master Practitioner can go on to take Part 3 and Part 4 Reiki Master Shinpiden to learn the Attunement and reiju process. (Nurses need to complete both RMP and Reiki Master Shinpiden to receive their 22 Contact Hours since RMP is only the first half of Shinpiden Reiki Master)

Fee: \$550. \$100 deposit will hold your space for Reiki Master Practitioner **in person/LIVE** class with the balance of \$400 due at the first class for a total of \$500.

Fee: \$300 is for Distance Learning/ online class over internet in real time.

Note: only 1 student needed to ensure class runs (you can still register for the class up to the day of the class).

Fee: \$400 is for **Combo** combination of up to half the time **live in person** course and half or more of the class **online over internet in real time** over Zoom or other online program.

**COMBO: Reiki Master Practitioner / Reiki Master Practitioner Hands-on Part A, Part B, Part C, & Part D.**

Prerequisite Reiki 2 any lineage

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The purpose of these shorter sessions is to enable the student to take parts of class Live in person and parts of class Distance Learning online over the internet in real time on the path to completing the whole RMP level or for students who have completed this RMP level with Myra Reichel to attain more practice. As long as half or less hours live in person and half or more hours online over the internet in real time on zoom or other program.

Each 6 hours **Live/In Person** Fee: \$275 (\$100 deposit by 3 days in advance and balance of \$175 on first day of class for in-person /Live classes.

Each 6 hours For Combination of Live/Distance Learning classes Fee: \$225 with not more than half of class is in person and half or more than half of class is over Zoom or other online program.

Each 6 hours For Distance Learning Fee; \$175 your 2 workbooks will be sent or emailed when full \$300 payment and mailing address is received.

Adjustments can be made for shorter length classes

Note: only 1 student needed to ensure class runs but please register early to get the dates you need. Portions of class for those who have already taken this level or those who do not have a Reiki 2 Certificate who have paid for full class and want to do portions LIVE and portions as DISTANCE LEARNING.

- **Reiki Master Practitioner Hands-on Part A -3 hours**

The student will learn the chants and jumon for the Reiki 2 symbols, Japanese Reiki techniques, and Massage Therapists and Bodyworkers earn 3 CE.

- **Reiki Master Practitioner Hands-on Part B – 3 hours**

If you do not have a Reiki 2 Certificate you must schedule and pay for the full 12 hour Reiki II Okuden class

The student will practice doing professional Reiki sessions.

- **Reiki Master Practitioner Hands-on Part C - 3 hours**

If the student has taken Reiki II Okuden Secondary Course or the first half of Reiki Master Practitioner with Myra Reichel within 12 months prior they can take the Reiki Master Attunement portion of the Reiki Master Practitioner class before taking Reiki Master Practitioner Hands-on Part A

The student will receive their Reiki Master Attunement and learn the history and meaning of this symbol practice drawing their Reiki Master Symbol, and learn some Japanese Reiki Techniques.

- **Reiki Master Practitioner Hands-on Part D - 3 hours**

student must have already taken the first 9 hours of Reiki Master Practitioner with Myra Reichel

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The student will learn the chants and jumon for the Reiki Master symbol, Japanese Reiki techniques, and practice doing professional Reiki sessions.

### **Shinpiden Reiki Master - 24 hours**

24 hours Live in person /Distance Learning online over the internet in real time / combination of both types Live in person /Distance Learning online over the internet in real time.

Prerequisite Reiki 2 any teacher

Nurses taking this level receive 22 Contact hours for the 24 hours of classes. If you meet the prerequisite of Reiki II or higher of any lineage, you can learn to become a Reiki Master in this lineage called Shinpiden. You will learn the Japanese Reiki Techniques including meditations, breathing exercises, etc as well as, Reiki II Okuden chants and jumon, Reiki Master Symbol with its chants and jumon, and how to perform reiju and attunements to be able to teach Reiki to others and work as a professional Shinpiden Reiki Master. Pick Shinpiden classes shown in calendar of listed in newsletter or schedule by appointment.

Four 6 hour classes are needed to complete this level. Receive 4 workbooks (Reiki I Shoden, Reiki II Okuden, Shinpiden Book I, and Shinpiden Book II) and permission to use the material in your practice, Shinpiden Reiki Master Certificate

Fee for in person **Live in person** class is \$1100 (\$200 deposit by 3 days in advance of start and 2nd payment balance of \$500 is due first day of class and final balance of \$400 is due at the start of the remaining 12 hours of class.

Fee for combo **Live in person/Distance Learning online over the internet in real time** \$800 not more than half of course can be live but half or more can be Distance Learning over zoom or other online program

Fee for **Distance Learning online over the internet in real time class** is \$600 for class totally over the internet in real time on zoom or other online program

Note: only 1 student needed to ensure class runs however this class is better experienced with more than one student and efforts will be made to encourage others to take class. We invite former Shinpiden Reiki Master/ Reiki Master Shinpiden students to participate at a special rate for the final 2-12 hours.

### **Reiki Master Shinpiden/Reiki Master Shinpiden Hands-on - 12 hour class**

Prerequisite Reiki Master Practitioner Certificate from RHC or copies of your highest Reiki Certificate in this lineage or have completed its exact equivalent or student who has completed the first half of Shinpiden Reiki Master is needed to register for this class.

These additional 12 hours of class are for those who already have their Reiki Master Symbol who are ready to learn the procedures for reiju and Reiki attunements. This class focuses on the preparation

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needed and the steps to perform reiju as done by Usui's students in Japan and the attunement process as handed down from Usui's student Hayashi through Mrs. Takata. Other techniques and Master to Master healing session will also be practiced as taught by the International House of Reiki lineage.

Students learn the attunement and reiju process to be able to teach and attune their own students. Permission is also given students so that they can access the printer to print materials from this lineage to teach their own students. Students receive two additional workbooks, both the Reiki I Shoden workbook (so you can teach Reiki 1 in this lineage) and the Shinpiden Reiki Master Book 2 which contains the reiju and attunement preparation and procedures. Either a Reiki Master Shinpiden or Shinpiden Reiki Master Certificate is received upon completion. We invite former Reiki Master Shinpiden/Shinpiden Reiki Master students to participate for 2-12 hours at a special rate.

Nurses Please note: After completing RMP nurses can then complete these 12 hours which are the second half of the 24 hour Shinpiden Reiki Master which gives 22 Contact Hours approved by the American Holistic Nursing Association for the 24 hours of class work.

Fee: \$550. \$100 deposit will hold your space for Reiki Master Practitioner **in person/LIVE in person** class with the balance of \$400 due at the first class for a total of \$550.

Fee: \$300 is for Distance Learning/ online over the internet in real time class

Fee: \$400 **Combo** is for combination of up to have the time **live in person** course and half or more of the class **online over the internet in real time** over Zoom or other online program.

Learn to do the reiju and attunement process and about teaching students. Practice of Reiki Master techniques from Reiki Master Practitioner Class. Massage Therapists can check NCBTMB for more information on taking portions of the class either LIVE or Distance Learning to receive CE.

Note: only 1 student needed to ensure class runs however this class is better experienced with more than one student and efforts will be made to encourage others to take class. We invite former Reiki Master Shinpiden/Shinpiden Reiki Master students to participate for 2-12 hours at a special rate.

### **Karuna Reiki®**

Those who have any of the following Reiki Master Practitioner/Advanced Practice/Reiki II/Reiki Master/Shinpiden/Reiki Master Shinpiden/Shinpiden Reiki Master certificate received at least 6 months prior who can demonstrate knowledge of Usui Reiki Master Symbol.

Karuna Reiki® / Karuna Reiki® Hands-on Course Certificates are from the Reiki Healing Center and approved by the International Center for Reiki Training and includes 8 CEU approved by the NCBTMB for massage therapists and bodyworkers

**Karuna Reiki® 1** or Karuna Reiki® Level 1 Hands-on is an 8 hour class usually over 1 or 2 days. Learn 4 additional symbols that can work at cellular level to heal past lives, heal child abuse and karmic issues,



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unconscious patterns, shadow self, sexual and physical abuse issues, dispels psychic and psychological attacks, heal relationships, develop good habits, heal addictions, develop compassionate action, contact spiritual beings, heal lower chakras, clear the mind, clear room of negative energies, harmonize upper and lower chakras, create determination and completion, and/or manifest material goals. Chanting and toning are part of this class. The class includes official workbook.

\$550 In person Live

\$400 Combo up to half Live/half or more Distance Learning

\$300 Distance Learning

**Karuna Reiki® 1 First Half** /Karuna Reiki® 1 First Half Hands-on 4 hours Live/Distance Learning – Does not include the attunement or doing sessions.

\$275. In person Live/Distance Learning online

\$200 Combo Live/Distance Learning up to half Live/half or more Distance Learning

\$150 Distance Learning

**Karuna Reiki® 1 Part 2**/Karuna Reiki® 1 Part 2 Hands-on - 4 hours Live/distance Learning includes attunement and doing sessions.

If you have completed Karuna Reiki® Part 1 or already have a Karuna Reiki® certificate you can take this Karuna Reiki® 1 part 2 Please bring your workbook with you to class.

\$275. In person Live/Distance Learning online

\$200 Combo Live/Distance Learning up to half Live/half or more Distance Learning

\$150 Distance Learning

**Karuna Reiki® 2** / Karuna Reiki® 2 Hands-on 8 hours Live/Distance Learning

Prerequisite: Students who already have a Karuna Reiki® Certificate any level, please send copy of highest level certificate you have for Karuna Reiki®.

Can be scheduled by appointment if you already have your Karuna Reiki® 1 certificate. You receive an official Workbook and Certificate. Learn an additional 4 Karuna Reiki® symbols along with their chants and toning to connect the higher and lower self, improve learning ability, heal communication, increase creativity, claim your power, heal co-dependence and reality awareness, empower your goals, heal the earth, bring peace and trust into your life, heal insomnia, fear and panic, manifest best results, increase clairvoyance, ground, manifest goals, create priorities, and heal the human race.

\$550 In person Live

\$400 Combo up to half Live/half or more Distance Learning

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\$300 Distance Learning

**Karuna Reiki® 2 Secondary Course Hands-on** is for those with Karuna Reiki® 1 or higher who want to go over information and trade sessions. Please bring your Workbook and Certificate to class. Class can be scheduled during time set aside for Karuna classes or by appointment

**Karuna Reiki® Master/** Karuna Reiki® Master Hands-on - 8 hours Live/Distance Learning

Prerequisite Reiki Master/Shinpiden/Reiki IV/Shinpiden Reiki Master Certificate for minimum of six months and have been taught how to attune others and have attuned and taught any lineage Reiki to others.

Class includes attunement procedure for attuning those who already have their Usui Master Symbol to Karuna Reiki® using 4 Reiki symbols, workbook and certificate from International Center for Reiki Training so you can purchase class materials from them. The 8 hour class is \$300.

The 8 hours of classes

\$550. In person

\$400 Live/Distance Combo up to half Live/half or more Distance Learning

\$300 Distance Learning

Discount can be requested for signing up and paying for all 3 levels at once.

### Reiki Reviews

Reiki Review: Audit – Student Teaching

Pre-requisite: Certificate for whichever level of Reiki you wish to take. Come participate in a whole Reiki class to review information or learn the Japanese techniques up to your current level and receive a Reiju or a re-attunement to your current level. A great way to refresh your interest in Reiki. Attend an existing class per Reiki 12 hour group class or Karuna Reiki® 8 hour group class. Please call to discuss class fee.

Private Reiki Review. Come receive a Reiju or re-attunement to your current level of Reiki. Learn or re-learn Japanese Reiki techniques appropriate for your level of training. Great way to refresh your interest in Reiki and learn some new techniques that are of interest to you. Call to discuss fees.

Please call Myra 610-348-5698 to schedule classes, sessions, trades or review materials.

Nurses: Please see the Continuing Education page for Classes available for Contact Hours credit for nurses.