

Reiki Healing Center Newsletter February - April 2020

Myra Reichel 610-348-5698

myra@reikihealingcenter.org www.reikihealingcenter.org

Hosted by Heartspace at Seven Stones, 215 West Baker St. Media, PA 19063
and the Media Fellowship House, 302 South Jackson Street, Media PA



Magnified Healing® Celebration Ceremony

Sunday, March 22, 2020

1:30-3:30 PM

Heartspace, 215 West Baker Street, Media, PA 19063

Free Street Parking on Weekends

\$30 for 2 hour event including healing for you, remote healing for your family and friends
Private Sessions scheduled after the event \$50 per half hour \$100 for hour
(Discounts for low-income, veterans, disabled, chronically ill: call 610-348-5698 for more info)

Magnified Healing® was brought by Lady Master Kwan Yin to Rev. Gisèle King and Rev. Kathryn Anderson to help us during these difficult times.

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Magnified Healing® Celebration Ceremony

Sunday, April 26, 2020

3-5 PM

Wilkes Barre, PA

Call Nataki: 570-991-8733 Email natakibhatti@gmail.com

Saturdays, February 8, March 14, April 11, May 9 2020 1-3PM

Community Reiki, Reiki Share & Sessions at Heartspace



2nd Saturday, Community Reiki

Community Reiki is for anyone who would like to receive a Reiki Mini-Session approximately 20 minutes long. A Reiki Practitioner will provide a one-on-one session or with permission an additional practitioner will provide assistance. Fee \$20 on arrival.

2nd Saturday, Reiki Share

At a Reiki Share anyone who has taken Reiki 1 or higher Reiki classes trades sessions with others who have taken Reiki classes practicing both giving and receiving Reiki sessions. **Donation \$10-20.**

<https://www.heartspacemedia.com/events/community-reiki-and-reiki-share/>

Sessions By Appointment at Heartspace with Myra Reichel

Thursday, February 20 from 8:30am-noon and 3-4:30pm

Thursdays, February 27, March 5, and 12 from 8:30am -4:30pm

Thursday, March 19 from 8:30am-noon and 3-4:30pm

Thursday, March 26 from 8:30am to 4:30pm,

Fridays, February 21, and 28 from 8:³⁰am-5pm

Fridays, March 6, 13, 20, and 27 from 8:30am to 5pm.

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Also possible to schedule after February 21 on weekends or other dates if the room is available.

Weekend sessions available by appointment depending on space/time availability.

Please call Myra Reichel 610-348-5698 myra@reikihealingcenter.org

Thursdays, February 13, March 19, April 16, May 21, 2020

Daytime Reiki Share and Community Reiki and Sessions at Heart Space

The 3rd Thursday of every month from 12:30 to 2:30 pm, led by Joan Nikelsky.

This session is for experienced Reiki practitioners as well as newcomers interested in trying Reiki. People who have studied Reiki have an opportunity to practice with each other, while we also offer mini-sessions to those who have not been attuned to Reiki.

The fee is on a sliding scale of \$10-20, payable at the site (call for special rate for unemployed). Please bring a check or exact change. Dress comfortably. Sessions will be on a massage table or a reclining chair. RSVPs are appreciated, which will help us with setting up and timing sessions.

Contact Joan Nikelsky at ReikiJoan@live.com or [215-498-5346](tel:215-498-5346).

Private Reiki and/or chakra balancing sessions of one-half hour or one hour can also be arranged before or after the Reiki Share. Contact Joan for sliding scale information and available times.

4th Monday, February 24, March 23, April 27, and May 25

Community Reiki and Sessions at the Media Fellowship House

Discounted private sessions are available by appointment at the Media Fellowship House 305 South Jackson St., Media, PA 19063 on Monday through Friday from 3 to 4:30PM.

Community Reiki is scheduled on fourth Mondays from 1:45-3PM by appointment or for walk-in clients since several practitioners are available.

Sessions By Appointment at Media Fellowship House and at Heartspace

Myra Reichel by appointment 610-348-5698 Myra@reikihealingcenter.org

Magnified Healing® half hour sessions for \$50

Reiki or Karuna Reiki® half hour sessions for \$60

Magnified Healing® or Reiki one hour sessions for \$100

Karuna Reiki® one hour sessions for \$120

Reiki I Shoden, Reiki II Okuden, Reiki Master Practitioner, Shinpiden Reiki Master, etc. Classes

Karuna Reiki® 1, 2, and Master Classes

Magnified Healing® First Phase, Second Phase, Third Phase Workshops

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Linda Minton by appointment 215-605-7189 woofsing@yahoo.com

Reiki Sessions

Distance Reiki Sessions

Magnified Healing® Sessions

Remote Magnified Healing® Sessions

& Card Readings.

Joan Nikelsky by appointment ReikiJoan@live.com or 215-498-5346

Reiki

Chakra Balancing

Fees:Sliding Scale.

Khadijah Rene, CFT MSW 267-624-8246 Reneequena@aol.com Philadelphia, PA

Psychotherapy,

Reiki,

Magnified Healing®,

Chrystal Healings,

Certified Psychic Medium,

Reiki Classes,

Magnified Healing® Workshops.

Dates for February and March CLASSES with Myra Reichel

AS SCHEDULED OR BY APPOINTMENT

Start and stop times may vary each day of class with various combinations of hours and weekend (scheduled weekends on Saturdays and Sundays at the Media Fellowship House) or (scheduled weekdays on Thursdays and Fridays at Heartspace). Classes are by appointment or on listed scheduled dates. All levels can be separate levels or overlapping classes. Classes are usually scheduled as 2 six hour classes, or as 3 four hour classes, or 4 three hour classes. It may be possible to schedule an 8 and a 4 hour or a 4 and an 8 hour or 6 two-hour classes.

At Heartspace, 215 West Baker Street, Media, Pa 19063

Thursdays, February 20, and/or 27 by appointment between 8:30am to 4:30pm

Fridays, February 21, and 28 from 8:30am to-5pm

Thursdays March 5, 12, 19, and/or 26 from 8:30am -4:30pm

Fridays, March 6, 13, 20, and 27 from 8:30am to 5pm.

It may be possible to schedule other dates if the room is available.

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At the Media Fellowship House classes on Saturdays, Sundays, or whole weekend.

February 29, March 1, 7, 8, 14, 15, 21, 27 and 28

Saturday, March 14 and Sunday March 15 Reiki I two 6 hour classes and Reiki II an eight and a 4 hour class.

Saturday, March 27 and Sunday, March 28 Reiki I 2 six hour classes and Reiki II an 8 and a 4 hour class.

Saturdays, March 14 and 27 students could take Reiki I and Reiki II

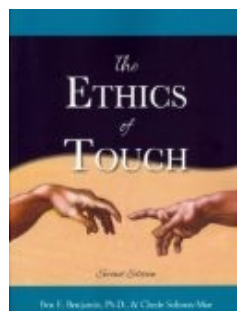
Sundays, March 15 and 28 students could take Reiki I and Reiki II

Sundays, March 14, 15, 27, and 28 Reiki I four 3 hour classes in morning.

Continuing Education

Classes that offer Continuing Education Units (CE) (CEU) for Massage Therapists and Bodyworkers approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) on an hour of class equals 1 CE are followed by *

Classes that offer Continuing Nursing Education (CNE) for Nurses approved by the American Holistic Nurses Association are followed by ** (see CNE Approval Letter - <https://www.reikihealingcenter.org/assets/AHNA-approval-letter-2020.pdf>)



Ethics (Using *The Ethics of Touch* by Benjamin and Cherie Sohnen-Moe)**

Ethics Applied 18CE, Ethics Fire Drill for Practitioners 2 CE, Ethics Fire Drill for Practitioners 4 CE, Ethics of Dealing with Sexuality Issues for Hands-on and Hands-off Practitioners 4CE, , Ethics Applied Through Supervision 2 CE, Ethics Applied to Career and Livelihood 2 CE, Ethics Applied: Cases of Trauma 2 CE, Ethics Applied Dynamics of Communication 2 CE, Ethics Applied: Effective Communication 2CE, Ethics

Applied: Ethical Practice Management 2CE, Ethics Applied: Management 2 CE, Ethics Applied: Money 2CE, Ethics Applied: Trauma 2CE.

Holistic Practitioner *

(Using *Business Mastery 3* by Cherie M. Sohnen-Moe)*

Holistic Practitioner 12 CE, Holistic Practitioner Chapters 2 CE, Holistic Practitioner Conversations 4 CE, Holistic Practitioner Secondary Course 6 CE.

Tai Chi and Qui Gong

Hosted by Media Fellowship House – Fridays 1-1:45PM contact Myra 610-348-5698

Hosted by the Media Borough - Mondays 7-9PM contact Cheryl Macklin 610-267-4595

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Registering for classes of 4 hours or more

\$100 deposit will hold your space classes with the balance due the first day of class.

Please inform teacher of your available times and dates and your class will be scheduled as soon as possible.

Arrangements can be made for financial hardship cases please speak with your teacher about payment plans and/or discounts for low-income, disability, chronic conditions, veterans.

Contact Myra Reichel 610-348-5698 or myra@reikihealingcenter.org

See [Reiki Classes](#) on the Reiki Healing Center website.

Reiki I Shoden ** Reiki I Shoden *

Reiki I Shoden is a 12 hour class which can be scheduled on 2 six hour days, or 3 four hour days or, 4 three hour days. There is no prerequisite for Reiki I Shoden. Everyone can learn to do Reiki (spiritually guided life force) relaxation and healing for themselves and others. Nurses receive 10 CNE for 12 hours of class.

In First 3 hours the student will learn about Reiki Ethics, the History and Meaning of Reiki, Breathing and Meditation Techniques, Hand Positions for Self-Reiki and receive their first Reiki Attunement.

In the Second 3 hours the student will learn additional Japanese Reiki techniques, Hand Positions for others, receive their second Reiki Attunement and possibly participate on March 14 in the 1-3PM Reiki Share/Community Reiki.

In the Third 3 hours the student will learn additional Japanese Reiki Techniques, receive their third Reiki Attunement, and practice doing Self-Reiki and giving short Reiki sessions to others.

In the Fourth 3 hours the student will receive their fourth Reiki Attunement, plus receive and give Reiki table sessions. A class is a total of 12 hours over 2 or more days. Reiki I Shoden Practitioner comes with one workbook (Reiki I Shoden), 10 CNE or 12 CE if applicable, and a Reiki I Shoden Certificate.

\$100 deposit will hold your space for Reiki I Shoden with the balance of \$250 due at the first class for a total of \$350. Nurses pay an additional \$50 to cover application and reporting costs.

Reiki I Shoden Secondary Course *

Reiki I Shoden Secondary Course is for anyone who has the prerequisite of having completed Reiki I in any lineage. In the class you will receive reiju blessing and/or attunement during a long meditation, practice doing self-reiki and reiki for others and learn the Japanese Reiki

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Techniques as taught by the International House of Reiki. The class also offers Massage Therapists and Bodyworkers 6 CNE for 6 hours of classes.

\$100 deposit with balance of \$150 due first day of class totaling \$250.

Contact Myra Reichel 610-348-5698 or myra@reikihealingcenter.org

Reiki II Okuden **

Reiki II Okuden is for anyone who has completed their Reiki 1 training or higher with any teacher who would like to expand their experience of Reiki, learn 3 Reiki symbols along with their chants and jumon and learn additional Japanese Reiki techniques including breathing exercises, meditations, and other practices. Nurses receive 10 CNE for 12 hours of class.

Please forward a copy of your Reiki 1 Certificate or meet/speak with teacher prior to class to demonstrate your knowledge of Reiki. A \$100 deposit is required to hold your place in the class. The balance of \$400 is due the first day of class for a total of \$500.

First 3 hours is going over ethics and learning Reiki I Shoden Japanese Reiki Techniques and receiving 1st Reiki II symbol.

Second 3 hours is table sessions, 2nd Reiki II attunement, and symbol and meaning and chants and jumon for both symbols.

Third 3 hours is attunement to 3rd Reiki II symbol and its chants and jumon.

Fourth 3 hours learning more about the history of all 3 Reiki II symbols and practicing professional Reiki sessions.

Part of class may be learning the Japanese Reiki Techniques along with Reiki I Shoden students or reviewing all 3 Reiki II Okuden symbols along with Reiki Master Practitioner /Shinpiden Reiki Master Students depending on the levels of students attending the class. If so there could be additional Reiki Masters co-teaching classes. The Saturday, March 14 class might include participation in Community Reiki/Reiki Share from 1-3PM if you wish more hands-on practice.

Reiki II Okuden class provides students with 12 class room hours, a Reiki II Okuden workbook, and a Reiki II Okuden Certificate. Total is \$500 for the 12 hours of class. \$100 deposit with \$400 balance due at first class. Nurses pay an additional \$50 to cover application and reporting costs.

Shinpiden Reiki Master * *

Shinpiden Reiki Master is a 24 hour combination of the 12 hour Reiki Master Practitioner and the 12 hour Reiki Master Shinpiden listed below. Shinpiden is the Reiki Master level title of the International House of Reiki and includes all the training listed in both the Reiki Master Practitioner and in the Reiki Master Shinpiden. Nurses receive 22 CNE for the 24 hours of class.

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Shinpiden Reiki Master Prerequisite is Reiki 2 any lineage. \$100 deposit with \$500 due first day of class and \$300 due first class attunement process will be taught. Total \$900. Nurses pay an additional \$50 to cover application and reporting to AHNA.

Reiki Master Practitioner (RMP)

Reiki Master Practitioner is a 12 hour class which is the first half of Shinpiden Reiki Master 24 hour class with Reiki Master Shinpiden being the second 12 hours of Shinpiden Reiki Master which offers Nurses 22 CNE for 24 hr. class for additional \$50 fee to cover application/reporting costs.

Prerequisite is Reiki 2 from any lineage. Please forward a copy of your Reiki 2 or higher Certificate and a \$100 deposit to hold your place in the class.

Students who already have their Reiki Master Symbol may take this class for review or to learn Japanese Reiki techniques including chanting and jumon for a reduced fee. Please contact teacher.

First 3 hours student learns Japanese Reiki techniques, plus chants and jumon for 3rd Reiki II symbol.

Second 3 hours student learns more about the history of all 3 Reiki II symbols and practices performing professional Reiki sessions (this may include participation in Reiki Share/Community Reiki).

Third 3 hours the student will receive their Reiki Master Attunement and learn the Reiki Master symbol and its meaning, history, chants and jumon.

Fourth 3 hours the practice learns special Reiki Master healing techniques and giving and receiving professional Reiki sessions.

A class is a total of 12 hours over 2 or more days. Reiki Master Practitioner comes with two workbooks (Reiki II Okuden and Shinpiden Reiki Master Book 1) and a Reiki Master Practitioner Certificate. \$100 deposit with \$400 due first day of class with. Total of \$500.

Students who complete the Reiki Master Practitioner who are signed up for Shinpiden Reiki Master can move forward with an additional 12 hours of training or can wait and schedule Reiki Master Shinpiden at a later date. This next step is to learn the reiju blessing and the Reiki Attunement process.

Contact Myra Reichel 610-348-5698 or myra@reikihealingcenter.org

See [Reiki Classes](#) on the Reiki Healing Center website.

See continuation of Shinpiden Reiki Master titled Reiki Master Shinpiden.

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Shinpiden Reiki Master * *

Shinpiden Reiki Master Prerequisite is Reiki 2 any lineage.

Shinpiden Reiki Master: Become a Reiki Master receive your Reiki Master symbol along with its chants and jumon and learn to teach and attune others to Reiki.

Shinpiden Reiki Master Prerequisite is Reiki 2 any lineage. \$100 deposit with \$500 due first day of class and \$300 due first class attunement process will be taught. Total \$900. Nurses pay an additional \$50 to cover application and reporting to AHNA. Nurses receive 22 CNE for 24 hours of class- first half is 12 hour Reiki Master Practitioner second half is 12 hour Reiki Master Shinpiden

Reiki Master Shinpiden

Continuation of Shinpiden Reiki Master - Review of Reiki attunement process

Reiki Master Shinpiden is for those students who have completed the 12 hours of Reiki Master Practitioner RMP or first half of Shinpiden Reiki Master or its equivalent. Completion of Reiki Master Practitioner in this International House of Reiki lineage or its equivalent along with a copy of Certificate is needed to register for this class.

These additional 12 hours of class are for those who already have their Reiki Master Symbol who are ready to learn the procedures for reiju and Reiki attunements. This class focuses on the preparation needed and the steps to perform reiju as done by Usui's students in Japan and the attunement process as handed down from Usui's student Hayashi through Mrs. Takata. Other techniques and Master to Master healing session will also be practiced.

Reiki Master Shinpiden (Second half of Shinpiden Reiki Master) includes 12 classroom hours where students learn the attunement and reiju process to be able to teach and attune their own students. Permission is also given students so that they can access the printer to print materials from this lineage to teach their own students. Students receive two additional workbooks, both the Reiki I Shoden workbook (so you can teach Reiki 1 in this lineage) and the Shinpiden Reiki Master Book 2 which contains the reiju and attunement preparation and procedures. Either a Reiki Master Shinpiden or Shinpiden Reiki Master Certificate is received upon completion. Total \$500.

Please note: these 12 hours are the second half of the 24 hour Shinpiden Reiki Master Shinpiden Reiki Master gives 22 Continuing Nurses Education Units approved by the American Holistic Nursing Association for the 24 hours of class work.

Those who have a Reiki Master/Shinpiden/Reiki Master Shinpiden/Shinpiden Reiki Master certificate who can demonstrate knowledge of information and techniques taught by the International House of Reiki for this level can also take one or more days of this class for review. Please contact teacher for reduced fees.

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Copies of your Reiki Certificates and \$100 deposit are needed to register for this class. Students pay \$100 per 6 hours of class during classes with another student who is paying the full price or review student pays \$250 per 6 hours if they are the only student.

Myra Reichel 610-348-5698 myra@reikihealingcenter.org

Karuna Reiki® 1*

8:30AM-6:30PM or other dates by appointment .

Karuna Reiki® 1 is a total of 8 classroom hours and 8 CEU for massage therapists and bodyworkers. Class hours will be scheduled between 8:30am-6:30pm on this dates or extending to another date depending on teachers and students schedules. OR Can be scheduled other dates and times by appointment

The prerequisite for Karuna Reiki® 1 is Reiki Master Practitioner, Reiki 3, or a higher level Reiki class that includes the Reiki Master Symbol with practice for at least 6 months.

You will receive 8 classroom hours over 1 or 2 days to learn six additional Reiki symbols that focus on releasing abuse issues, habits, addictions, karma, and promote opening the heart, healing, and grounding. Class also includes chanting, toning, Karuna® attunement, practice session, Karuna® Reiki workbook, and a certificate from the International Center for Reiki Training signed by William Lee Rand and Myra Reichel. Massage Therapists and Bodyworkers can receive 8 CEU for the whole 8 hour class.

When you have completed Karuna Reiki ® 1 you can move on to study 6 more Karuna Reiki 2 symbols and if you are already a Reiki Master you can learn additional Karuna Symbols beyond the 12 learned in Karuna Reiki ® 1 and Karuna Reiki ® 2 and become a Karuna Reiki ®Master for additional fees. Link to classes.

\$100 deposit and balance of \$250 due first day of class for 8 hour workshop. Please RSVP 610-348-5698 or myra@reikihealingcenter.org include photo of you highest level certificate. Class is a total of \$350.

Karuna Reiki® 1 Secondary Course *

4 hours and 4 CEU for massage therapists and bodyworkers this date or by appointment

Prerequisite Karuna Reiki® 1 or higher. Please send copy of your highest level Karuna Reiki® certificate.

Karuna Reiki® 1 Secondary Course can be taken for 4 more hours of practice with doing sessions using the Karuna symbols and chanting. No workbook is given for this class please bring your Karuna workbook with you to class. Massage Therapists and Bodyworkers can receive a Karuna Reiki ® 1 Secondary Course Certificate as approved by the NCBTMB for 4

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CEU from the Reiki Healing Center. Students pay a \$100 deposit and balance of \$100 is due first day of class for a total of \$200 for 4 hour workshop.

Contact

Myra Reichel 610-348-5698

myra@reikihealingcenter.org

www.reikihealingcenter.org

<https://www.facebook.com/reikihealingcenter/>