

Reiki Healing Center Newsletter - January, 2021

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HAPPY NEW YEAR

Wishing you the best of everything in the coming 2021 year. We have all had a difficult 2020. I miss seeing all of you in person but am starting to enjoy time spent over Zoom with many of you. Come join us.

Gurdjieff Meetings are continuing to be held on Zoom or over the phone for those new, current, and/or former members interested to learn about the teachings of G. I. Gurdjieff as taught by his student W. A. Nyland see www.nyland.org for more information.

FREE EVENTS

In 2020 we offered free meditations and group healing sessions open to all to help during the pandemic. We are planning to hold events at 6:30PM on first Monday per month. You can also let us know what dates and times work best with your schedule for future consideration. If you are interested in attending these in 2021 please send an email to myra@reikihealingcenter.org and include your email so we can send you a Zoom link to the free events.

REIKI HEALING SESSIONS

Throughout the pandemic I continued to offer in-person sessions whenever possible. Currently, I continue to offer Distance Reiki sessions for \$25 per half hour with discounts for packages of sessions adding in time on the phone or over Zoom to add much needed personal contact during the distance sessions at set dates and times by appointment. Absent First and Third Phase Magnified Healing ® sessions continue to be available by appointment at set dates and time for First Phase \$25 or Third Phase for \$50 with remarkable results.

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We are thinking also of adding Reiki Healing Circles for Reiki 1 students and Practitioners, Reiki Shares for Level 2 and above and Reiki Master Healing Sessions for Reiki Masters for a \$10 fee. 2021 events please let us know dates and times available for you to join us and what you may want to present or participate in and send your payment to www.paypal.com to email to myra@reikihealingcenter.org or call 610-348-5698 and pay on Venmo.

CLASSES

I have spent the year moving all my classes onto Zoom and you will see the different options as you look through the newsletter: Ethics, Holistic Practitioner, Intro to Reiki and Reiki I Shoden as well as Meditation classes are open to everyone. I continue to offer Reiki II Okuden, Reiki Master Practitioner, Reiki Master Shinpiden, Karuna Reiki ® 1, 2, and Master both as full classes or as portions of classes for those of you wishing to get support with starting your Reiki Practice or continuing to train as an individual practitioner, a massage therapist with CE offered, or a nurse with CNE offered or if you are in other fields, all are welcome to take all the classes you have taken the prerequisites for.

I am currently only offering Reiki and Karuna Reiki ® classes over zoom by appointment and encouraging group classes so students can meet each other. I am enjoying teaching Reiki classes online and the students and I can really feel the energy much to our surprise. There is also an Online Magnified Healing ® Review and Advanced Practice for those with First Phase Certificates at this time on zoom but the full classes can only be taught in person and sessions can only be done at set date and time by appointment. There is a list of Reiki Masters and Practitioners at the end of the newsletter some of whom may still be offering in-person sessions and classes.

For those students Reiki 2 and above I would like to invite you to let me know when good times are to get together to hold **Zoom Reiki Shares** \$10 hour and invite you to my new **Chanting Class** \$25 hour to learn more about the Reiki symbols and chant together. The next Chanting Class is at 5pm EST on Thursday, January 7th and another series of Chanting classes will start again on Wednesdays please let me know if you would like to attend send fee for class to myra@reikihealingcenter.org on www.paypal.com or to 610-348-5698 on Venmo

ALL ARE WELCOME TO TAKE ALL CLASSES

Introduction to Reiki/Intro to Reiki 2CE 2 hours No Prerequisite

Recommended that you do the full 12 or 24 hours of class to maximize your learning.

Zoom classes are \$300 for 12 hours, Combo classes are \$450 for 12 hours and when possible In-person classes will be \$600 when they resume. Shorter Reiki classes are \$25 per hour while Ethics and Holistic Practitioner Classes are \$20 per hour on Zoom.

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Number of teaching hours of class equals the number next to CE which is the number of Continuing Education Credits for Massage Therapists and Bodyworkers – for the following classes except in higher level Reiki classes where a hour or 2 of class does not receive CE since distance Reiki is taught are important hands-off information especially if you intend to teach is taught and we recommend that you all 12 hours per level unless just going back over a particular section for practice of previously learned material. For nurses see 10 CNE offered for 10.5 hour on zoom 12 hour Reiki I Shoden and Reiki II Okuden and 22CNE offered for 22.5-hour on zoom -24 hour Shinpiden Reiki Master.

List with Titles of class with CE

NO PREREQUISITES

ETHICS No Prerequisite

Ethics Applied 26CE/Live courses/Distance Learning

Ethics Applied: Foundations 2 CE Live/Distance Learning

Ethics Applied: Boundaries 2 CE Live/Distance Learning

Ethics Applied: Dual Relationships 2 CE Live/Distance Learning

Ethics Applied: Sexuality 2 CE Live/Distance Learning

Ethics Applied: Through Supervision 2 CE, Live courses/ Distance Learning

Ethics Applied to Career and Livelihood 2 CE, Live courses/ Distance Learning

Ethics Applied: Cases of Trauma 2 CE, Live courses/ Distance Learning

Ethics Applied Dynamics of Communication 2 CE Live courses/ Distance Learning

Ethics Applied: Effective Communication 2CE, Live courses/ Distance Learning

Ethics Applied: Ethical Practice Management 2CE, Live courses/ Distance Learning

Ethics Applied: Management 2 CE,

Ethics Applied: Money 2CE, Live courses/Distance Learning

Ethics Applied: Trauma 2CE. Live courses/ Distance Learning

ETHICS Classes use the Ethics of Touch by Ben Benjamin & Cherie Sohnen-Moe) required

BUSINESS- No Prerequisites

HOLISTIC PRACTITIONER 12 CE, Live/Distance Learning

Holistic Practitioner Chapters 2 CE, Live/Distance Learning

Holistic Practitioner Conversations 4 CE, Live/Distance Learning

Holistic Practitioner Secondary Course 6 CE. Live/Distance Learning

HOLISTIC PRACTITIONER Classes use Business Mastery 3 by Cherie Sohnen-Moe. recommended

REIKI – No Prerequisites

INTRODUCTION TO REIKI /Intro to Reiki – NO PREREQUISITES two hours
2CE Live/ Distance Learning

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REIKI I SHODEN - NO PREREQUISITES learn to do self-Reiki and start to learn to do Reiki for others 12CE Live/Distance Learning It is also possible to take Reiki I Shoden for the first time in the following pieces some on zoom and some in person when total class is paid for in advance \$600 for all in person, \$450 for half on zoom and half in person or \$300 all on zoom. If you have already completed Reiki I you can take these shorter classes separately please email your Reiki I certificate from any lineage to learn the Japanese Reiki Techniques taught at this level.

Reiki I Shoden Part 1 Hands-on 6CE Live /Distance Learning
Reiki I Shoden Part 2 Hands-on 6CE Live /Distance Learning
Reiki I Shoden Part 3 3CE – Live/Distance Learning
Reiki I Shoden Part 4 3CE Live/Distance Learning

REIKI II OKUDEN HAS PREREQUISITE REIKI 1 ANY LINEAGE

Reiki II Okuden Hands-on 11 CE Live/Distance Learning – Prerequisite prior level
Reiki II Okuden Hands-on First Half 6CE
Reiki II Okuden Hands-on Part 2 6CE
Reiki II Okuden Hands-on Part 2A Prerequisite First Half or full Reiki II Okuden Class
Reiki II Okuden Hands-on Part 2B
Reiki II Okuden Hands-on Part A 3CE
Reiki II Okuden Hands-on Part B 3CE
Reiki II Okuden Hands-on Part C 3CE
Reiki II Okuden Hands-on Part D 2CE
Reiki II Okuden Hands-on Attunement/Table Work 1CE

CHANTING REIKI SYMBOLS HAS PREREQUISITE OF REIKI 2 ANY LINEAGE

Chanting Reiki Symbols 1 hour class or 3 1-hour classes

REIKI MASTER PRACTITIONER HAS PREREQUISITE OF REIKI 2 ANY LINEAGE

Reiki Master Practitioner Hands-on 10CE Hands-on Live/Distance Learning- Prerequisite prior level
Reiki Master Practitioner Hands-on Part A 3CE
Reiki Master Practitioner Hands-on Part B 2CE
Reiki Master Practitioner Hands-on Part C 2CE Prerequisite Reiki Master Practitioner Part A and B
Reiki Master Practitioner Hands-on Part D 3CE

REIKI MASTER SHINPIDEN HAS PREREQUISITE OF REIKI MASTER PRACTITIONER with Myra Reichel or have same workbooks or materials as used in these courses so you can teach the full lineage coursework

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Reiki Master Shinpiden Hands-on 11CE Live/Distance Learning
Reiki Master Shinpiden Hands-on Part A 3.5CE
Reiki Master Shinpiden Hands-on Part B 2CE
Reiki Master Shinpiden Hands-on Part C 3.5CE
Reiki Master Shinpiden Hands-on Part D 2CE

KARUNA REIKI ® 1 HAS PREREQUISITE OF HAVING BEEN ATTUNED TO USUI REIKI MASTER SYMBOL AT LEAST MONTHS PRIOR

Send your certificate for Reiki Master Practitioner/Advanced Practice/Reiki III/Reiki Master/Shinpiden/Shinpiden Reiki Master or Holy Fire or other Reiki Lineage.

KARUNA REIKI(R) Prerequisite Reiki Master Symbol any lineage
Karuna Reiki (R) 1 8CE Live/Distance Learning
Karuna Reiki (R) 1 First Half. 4CE Live/ Distance Learning
Karuna Reiki (R) 1 Part 2 4CE Live/Distance Learning
Karuna Reiki (R) I Part 2A. 2 CE Live/Distance Learning
Karuna Reiki (R) I Part 2B. 2 CE Live/Distance Learning

KARUNA REIKI ® LEVEL II HANDS-ON PREREQUISITE KARUNA REIKI ® 1

Karuna Reiki (R) Level II. Hands-on 8CE Live/Distance Learning

KARUNA REIKI ® MASTER PREREQUISITE KARUNA REIKI ® 2 AND HAVE ATTUNED STUDENTS TO USUI OR OTHER REIKI

Karuna Reiki (R) Master Hands-on 8CE Live/ Distance Learning

the \$25 per hour class and I will send you the Zoom link. myra@reikihealingcenter.org

CONTINUING EDUCATION

See info on https://www.reikihealingcenter.org/continuing_ed_massage.htm

Continuing Education for Nurses, I have received approvals from AHNA the American Holistic Nursing Association for continuing nursing education CNE for Reiki 1 Shoden, Reiki II Okuden, and Shinpiden Reiki Master on Zoom in addition to in-person.

Continuing Education for Massage Therapists and Bodyworkers Now there are many classes approved to offer CE by the NCBTMB for massage therapists and bodyworkers both as Live and Distance Learning classes. Reiki I Shoden, Reiki II Okuden Hands-on, Reiki

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Master Practitioner Hands-on, Shinpiden Reiki Master Hands-on, Karuna Reiki ® 1 and 2 and Master plus Ethics and Holistic Practitioner Classes with flexibility to offer the full class in person Live or over Zoom for Distance Learning or parts Live and parts Distance Learning as a Combo class so students can switch back and forth between live and distance learning as the pandemic changes. At this time all classes are over Zoom but I look forward to completing some zoom classes in person and being able to offer in person classes again in the future.

FEES FOR CLASSES

Recommended that you do the full hours of class to maximize your learning.

Zoom classes are \$300 for 12 hours, Combo classes are \$450 for 12 hours and when possible In-person classes will be \$600 when they resume. Shorter Reiki classes are \$25 per hour while Ethics and Holistic Practitioner Classes are \$20 per hour on Zoom.

Those who have taken Shinpiden Reiki Master and Reiki Master Shinpiden retaking a level in order to student teach along with Myra Reichel pay half during teacher training.

Veterans, Disabled, those with chronic conditions and/or those experiencing financial hardships can request to take a class along with another student in order to receive a discount.

Live classes have in-person attunements while Distance Learning have attunements over the internet but Distance Learning students can also schedule in-person attunements in person by appointment when possible. Reiju/Attunements for current level are given by appointment for Reiki Healing Center Students if they wish to attend annually on August 14th and 15th during the Reiki Healing Center Annual Usui, the Founder of Reiki, Annual Birthday Party in Media, PA.

Myra Reichel's classes are available both whole class Live or whole class Distance Learning or there are also parts of classes approved for both Live and parts Distance Learning that can be combined to complete any Class Level.

Magnified Healing(R) Workshops

Online Magnified Healing (R) First Phase Review and Advanced Practice

Venue: Zoom online by appointment 2 contiguous days online over zoom or other program.

Time: two 6-hr days preferred on weekdays but class may be scheduled over 2, 3, or 4 days by appointment or weekends Saturday, 2-7pm and Sunday, noon to 7PM or other hours by appointment if necessary. You must register around 2 weeks before since your certificates and registration form needs to be received and approved.

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Date: You can schedule this class dates above or on 2 contiguous day class during the week or on other weekends by appointment- NEW YORK TIME Venue: ZOOM Online Live from Media, PA | Country: UNITED STATES

Teacher: Myra Reichel Organized by: Phone: Cell: 1-610-348-5698 & WhatsApp | Fax: Email: myra@reikihealingcenter.org Web site: www.reikihealingcenter.org

CLASS INFO: We will do a complete review of the 1st Phase and study the Geometry of the 1st Phase and 2 articles on the Five Higher Bodies. Email registration form and photo of your First Phase Certificate 2 weeks prior to class. Before class pay \$145 full fee on www.paypal.com or on Venmo to 610-348-5698 or request address to mail check. Space limited to 10 students. \$145 for this workshop over zoom.

First Phase Magnified Healing (R) , Magnified Healing® Celebration Workshop, Third Phase Magnified Healing (R) Light Healing Workshop 2 to 3 contiguous days with Myra Reichel or other teacher by appointment. Live in person ONLY Magnified Healing ® Workshops do not offer Nurses CNE or Massage Therapists and Bodyworkers CE

REIKI HEALING CENTER REIKI MASTERS AND REIKI PRACTITIONERS

Myra Reichel, Shinpiden, Reiki Master, Karuna Reiki ® Master, Master Teacher Magnified Healing ®: 610-348-5698 myra@reikihealingcenter.org <https://www.reikihealingcenter.org> Check our Facebook pages.

Khadijah Renee G. Morgan RMT, CFT, LSW : Shinpiden Reiki Master/Teacher, Certified Couples and Family Therapist, Licensed Social Worker. 6703 Germantown Avenue, Ste. 240D Philadelphia, 267.624.8246 www.morgantherapeuticservices.com .Khadijah offers in person Reiki Shares for a donation the last Sunday of each month 1-4pm by appointment at the Wissahickon Wellness Center 5740 Wissahickon Ave. Philadelphia PA 19144 www.wissahickonwellness.com. Shinpiden Reiki Master and Master Teacher of Magnified Healing ® and Counselor 267-624-8246 reneequeen1954@gmail.com

Nataki McNeal Bhatti - Nataki is a Master Teacher of Usui Reiki and Magnified Healing(r) and a Karuna Reiki(r) Practitioner. She offers remote sessions and teaches classes on an individual basis. She is available for Magnified Healing(r) 1st Phase, 3rd Phase sessions and classes and Usui Reiki Shoden and Okuden (levels I and II) classes. For more information go to www.reikibynataki.com or contact her directly at 570-991-8733 or WhatsApp 1 + 5709918733 for a free consultation.

Eloise Prescott Shinpiden Reiki Master and Acupuncturist 267-240-5109 eloise.prescod@gmail.com

Melissa Dziewit Shinpiden Reiki Master Melissadziewit@hotmail.com 267-357-1800

Linda Minton, Reiki Master Shinpiden and Master Teacher of Magnified Healing ® offers I Ching readings and Angel Readings. Linda does Distance Reiki and Absent First Phase Magnified Healing ® Sessions by appointment. woofsing@yahoo.com 610-237-0458 215-605-237-0458

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Jana Rose became Reiki certified as a Reiki I Shoden Practitioner in 2017, but did not start actively as a coach and healer until 2020, shortly before the pandemic hit. She does Reiki with somatic massage in addition to coaching people on yoga, embodiment practices, meditation, and creative expression to help with holistic healing. She also uses essential oils as part of her somatic bodywork. In addition, her couples coaching program helps new lovers and long-time partners revive and invigorate intimacy in their relationships, through practices like meditation, unique endeavors, and healthy accountability. janamarierose79@gmail.com
610-304-9007

Check out our Facebook page

<https://www.facebook.com/reikihealingcenter/>

Our Facebook Group

<https://www.facebook.com/groups/21961169505>

To unsubscribe: myra@reikihealingcenter.org