

Myra Reichel 610-348-5698

myra@reikihealingcenter.org www.reikihealingcenter.org

**Classes and Sessions at the Media Fellowship House
302 South Jackson Street, Media PA**

Tai Chi & Qui Gong Class

Fridays, March 6, 13, 20, 27 & May 1, 8, 15, 22, 29 & June 5, 12, 19 from 1-1:45PM

Learn these gentle healing exercises which can be done sitting or standing. You are welcome to start anytime \$5 per class 12 classes for \$50

Also taught at the Media Borough - Mondays 7-9PM - contact Cheryl Macklin 610-267-4595

FREE Intro to Reiki

Tuesday, March 10 from 2:15-4:15PM

Presentation of the history and meaning of Reiki and its ethical considerations.

Shoden Reiki I * & Reiki I Shoden **

Saturday, March 14 from 10:30AM-4:30PM and Sunday, March 15 from 9AM-3PM

Learn to do Reiki meditations, hand positions, self-care, and helping others using Reiki.

\$350 for 12 hours of classes, workbook, and certificate (6 CEU) (10 CNE additional \$50)

Shoden Reiki I * & Reiki I Shoden **

Saturday, March 14 10:30 AM – 4:30 PM and Saturday, March 28 from NOON-6PM

Learn to do Reiki meditations, hand positions, self-care, and helping others using Reiki. \$350 for 12 hours of classes, workbook, and certificate (6 CEU) (10 CNE additional \$50)

Reiki I Shoden Secondary Course *

For those who have a Reiki 1 certificate of any lineage. Learn about Reiki and the Japanese Reiki Techniques as taught in Japan.

\$200 for either a whole 6 hour day or two 3-hour half days during hours scheduled on either March 14, 15, 28, and/or 29. Please schedule dates and times by appointment, workbook, and certificate (6 CEU)



Reiki II Okuden **

Saturday, March 14 and Sunday, March 15 from Noon to 6PM

For those who have already completed Reiki I in any lineage. Come learn 3 Reiki 2 Symbols, jumon, and chants, plus other Japanese Reiki Techniques. \$500 for 12 hours of class, workbook, and certificate (10 CNE/additional \$50)

Reiki Master Practitioner (RMP)

Sundays, March 15 and 29 from NOON to 6PM.

Learn the Reiki Master Symbol along with its jumon and chants, learn special Reiki Master techniques and meditations. Practice giving professional Reiki sessions.

\$500 for 12 hours of class, 2 workbooks, and a certificate.

Shinpiden Reiki Master (SRM) **

Sunday, March 15 from NOON -6PM plus 18 additional hours over 3 or more dates by appointment. Learn the Reiki Master Symbol, learn special Reiki Master techniques and meditations, and be empowered to teach others to do Reiki.

\$900 for 24 hours of class, 4 workbooks, and a certificate (22CNE additional \$100).

Reiki I Shoden * & **

Saturday, March 28 and Sunday, March 29 from NOON-6PM

Learn to do Reiki meditations, hand positions, self-care, and helping others using Reiki.

\$350 for 12 hours of classes, workbook, and a certificate (6 CEU) (10 CNE additional \$50)

Continuing Education

Classes that offer Continuing Education Units (CE) (CEU) for Massage Therapists and Bodyworkers approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) on an hour of class equals 1 CE are followed by *

Classes that offer Continuing Nursing Education (CNE) for Nurses approved by the American Holistic Nurses Association are followed by **

(see <https://www.reikihealingcenter.org/assets/Nurses-CNE-classes.pdf>)

Registering for classes of 4 hours or more: \$100 deposit will hold your space classes with the balance due the first day of class.

Arrangements can be made for financial hardship cases; please speak with your teacher about payment plans and/or discounts for Veterans, low-income, disability, or chronic conditions.

Please call Myra Reichel 610-348-5698 myra@reikihealingcenter.org

OTHER CLASSES THAT CAN BE SCHEDULED BY APPOINTMENT LISTED BELOW

Karuna Reiki® 1 *

The prerequisite for Karuna Reiki® 1 is Reiki Master Practitioner, Reiki 3, or a higher level

Reiki class that includes the Reiki Master Symbol with practice for at least 6 months. Class includes 8 hours class, workbook, and certificate (8CE) \$350.

Karuna Reiki® 1 Secondary Course *

The prerequisite is Reiki Master Symbol and a Karuna Reiki® 1 or higher certificate. Class includes 4 hours of class, practice sessions, and RHC certificate for 4 CE. \$200.

Ethics * (Using the Ethics of Touch by Benjamin & Sohnen-Moe) \$50 per 2 hour class.

Ethics Applied 18CE,

Ethics Fire Drill for Practitioners 2 CE,

Ethics Fire Drill for Practitioners 4 CE,

Ethics of Dealing with Sexuality Issues for Hands-on and Hands-off Practitioners 4CE,

Ethics Applied Through Supervision 2 CE,

Ethics Applied to Career and Livelihood 2 CE,

Ethics Applied: Cases of Trauma 2 CE,

Ethics Applied Dynamics of Communication 2 CE,

Ethics Applied: Effective Communication 2CE,

Ethics Applied: Ethical Practice Management 2CE,

Ethics Applied: Management 2 CE, Ethics Applied: Money 2CE,

Ethics Applied: Trauma 2CE.

Holistic Practitioner * (Using Business Mastery 3 by Sohnen-Moe) *

Holistic Practitioner 12 CE,

Holistic Practitioner Chapters 2 CE,

Holistic Practitioner Conversations 4 CE,

Holistic Practitioner Secondary Course 6 CE.

Contact Myra Reichel 610-348-5698 or myra@reikihealingcenter.org

See [Reiki Classes](#) on the Reiki Healing Center website.

Sessions & Classes with Myra Reichel at Media Fellowship House 302 South Jackson Street, Media, PA 19063

Handicapped parking open to all after 2:30PM weekdays. Free Parking on Weekends.

Community Reiki – walk-in sessions on fourth Monday each month from 1 to 3PM \$5-20 donation.

Private sessions

First Phase Magnified Healing ® \$30 half hour session.

Reiki or Third Phase Magnified Healing ® \$50 half hour session.

Karuna Reiki ®\$60 half hour session.

Reiki \$80 hour session.

First & Third Phase Magnified Healing® \$80 hour session.

Karuna Reiki ® \$100 hour session

Mondays schedule from 3 to 4:30PM by appointment.

Tuesdays and Wednesdays schedule from 2:15-4:30PM by appointment.

Fridays from 2-4:30PM schedule by appointment after 1-1:45PM Tai Chi class.

Saturdays and Sundays, if space is available, full price schedule by appointment.

(discounts given for low-income, disabled, chronically ill, & veterans)



Magnified Healing® Celebration Ceremony

Sunday, March 22, 2020

215 West Baker Street, Media, PA 19063

Free Street Parking on Weekends

\$30 for 2 hour event including healing for you, remote healing for your family and friends.

Everyone is welcome.

Private Sessions scheduled after the event \$50 per half hour \$100 for hour

(Discounts for low-income, veterans, disabled, chronically ill)

Call Myra 610-348-5698 or myra@reikihealingcenter.org for more info & to RSVP

Magnified Healing® was brought by Lady Master Kwan Yin to Rev. Gisèle King and Rev. Kathryn Anderson to help us during these difficult times.

Magnified Healing® Celebration Ceremony

Sunday, April 26, 2020 3-5 PM Wilkes Barre, PA
Call Nataki: 570-991-8733 Email natakibhatti@gmail.com

Second Saturday Community Reiki and Reiki Share at Heartspace March 14, April 11, May 9 from 1 to 3PM

2nd Saturday, Reiki Share is for anyone who has taken Reiki 1 or higher Reiki classes trades sessions with others who have taken Reiki classes practicing both giving and receiving Reiki sessions. Donation \$10-20.

2nd Saturday Community Reiki is for anyone who would like to receive a Reiki Mini-Session approximately 20 minutes long. A Reiki Practitioner will provide a one-on-one session or with permission an additional practitioner will provide assistance. Fee \$20 on arrival.

<https://www.heartspacemedia.com/events/community-reiki-and-reiki-share/>

March 14 will be led by Linda Minton contact her at 215-605-7189 woofsing@yahoo.com to RSVP or to schedule in-person or distance Reiki sessions, First Phase in-person or remote Magnified Healing® sessions or classes & Card Reading.

April 11 will be led by Joan Nikelsky please RSVP ReikiJoan@live.com or 215-498-5346

May 9 will be led by Myra Reichel contact her at 610-348-5698 myra@reikihealingcenter.org

Third Thursday Reiki Share, Community Reiki and Sessions

Heartspace: March 19, April 16, May, 21 12:30 to 2:30PM led by Joan Nikelsky.

This session is for experienced Reiki practitioners as well as newcomers interested in trying Reiki. People who have studied Reiki have an opportunity to practice with each other, while we also offer mini-sessions to those who have not been attuned to Reiki.

The fee is on a sliding scale of \$10-20, payable at the site (call for special rate for unemployed). Please bring a check or exact change. Dress comfortably. Sessions will be on a massage table or a reclining chair. RSVPs are appreciated, which will help us with setting up and timing sessions.

Private Reiki and/or chakra balancing sessions of one-half hour or one hour can also be arranged before or after the Reiki Share.

RSVP or schedule private appointment, or for sliding scale information:

Contact Joan Nikelsky: ReikiJoan@live.com or 215-498-5346.

Sessions & Workshops with Linda Minton

In Delaware County 215-605-7189 woofsing@yahoo.com

On Wednesday and Thursday at 6pm- 10pm Linda is at the Folcroft Diner, 1512 Chester Pike, Folcroft, PA 19032. She charges \$1/minute. She is available at other times by appointment.

Reiki,
Magnified Healing®,
Card Readings.

Sessions with Joan Nikelsky

In Media, PA ReikiJoan@live.com or [215-498-5346](tel:215-498-5346)

Reiki
Chakra Balancing

Sessions & Classes with Khadijah Rene, CFT MSW

In Philadelphia, PA 267-624-8246 Reneequeena@aol.com

Psychotherapy,
Reiki Sessions and Classes,
Magnified Healing® Sessions and Workshops
Chrystal Healings,
Certified Psychic Medium.

Sessions & Classes with Myra Reichel 610-348-5698

at Heartspace 215 West Baker St. Media, PA 19063

Thursdays, March 12, 19, and 26 from 8:30AM to 4:30PM by appointment.
Fridays, March 6, 13, 20, and 27 from 8:30AM to 5PM by appointment,
Other weekdays and/or Saturday and/or Sunday by appointment. (away April 1-23)

Magnified Healing® \$50 half hour session.
Reiki or Karuna Reiki® \$60 half hour session.
Reiki \$100 hour session
Magnified Healing® \$100 hour session.
Karuna Reiki® \$120 hour session
Reiki or Magnified Healing® \$150 hour and a half session.
Karuna Reiki ® \$180 hour and a half session.

Kriya Hatha Yoga Class

Saturday March 14, 3:30-5:30pm at:

Good Karma Yoga (enter front of building)
55 State Road
Media PA 19063

Kriya Yoga is a physical, vital, mental, intellectual and spiritual discipline, in which one remembers one's true Self, the pure Witness consciousness, and lets go of the false egoistic identification with the body and mental movements. Kriya Yoga develops trust, gratitude and

devotion for God's Presence in one's life.

In this class, we will learn and practice Kriya Hatha Yoga postures, and introductory breathing and meditation. Please RSVP. Donations are greatly appreciated. Namaste.

Frank Lock. lock796@gmail.com cell phone: [484-947-1096](tel:484-947-1096)



Sound Bath at Heartspace

Saturday, May 16, 8 pm – 10 pm

Come receive Reiki during concert with Doc Gibbs.
\$30

Reiki Healing Center welcomes Baba Doc "Doc Gibbs"!

Join us receiving Reiki mini-sessions while world renowned percussionist Baba Doc also known as Doc Gibbs performs on a variety of instruments for a truly unique event.. Come experience true "Energy Medicine!"

We are combining sound therapy through Baba Doc's "Healing Sound Bath" along with Mini-Reiki Sessions given by Myra Reichel and other Reiki Practitioners.

Visit our website - www.reikihealingcenter.org

Visit us on Facebook - <https://www.facebook.com/reikihealingcenter/>