

# Reiki Healing Center Newsletter - September 2021

Myra's Phone 610-348-5698

[myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org)

Myra Reichel, Shinpiden Reiki Master, Karuna Reiki® Master, &  
Master Teacher Magnified Healing®



## SESSIONS AND CLASSES/WORKSHOPS

Reiki Healing Center with Myra Reichel. In person classes and sessions at [Heartspace](#), 215 West Baker St, Media, PA 19063 and online.

Currently Masks are required during in-person sessions and in-person classes according to CDC recommendations.

In addition to in-person sessions and classes, Myra Reichel also offers sessions and classes over Zoom.

### SESSIONS

**In person Reiki \$125, Karuna Reiki® \$150, and Magnified Healing® \$100 for hour session** are held by appointment Monday, Wednesday, and Thursday 8am-11am, and Tuesday, Friday, and Saturday between 8am – 5:30pm (1<sup>st</sup>, 2<sup>nd</sup>, and 4<sup>th</sup> Friday later in evening).

**Distance Reiki and Karuna Reiki® sessions and Absent First Phase Magnified Healing® sessions** \$25 per 15 minutes or three sessions for \$60 can be scheduled by appointment at set dates and times 7 days per week internationally by appointment. Please call/text/email Information/Intention before your session. List Physical, Mental, Emotional, and Spiritual issues to be addresses and if clearing healing is needed for any type of abuse, habit, addiction, karmic, test, psychic attack, grounding, etc.

**Absent Third Phase Magnified Healing® Sessions** You are welcome to call/text/email as included consult before session since you need to identify 3 body systems (nervous, digestive, cardiovascular, respiratory,

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physical, aura, cells, organs, skeletal, muscular, lymphatic, endocrine, etc), 3 internal spots in need of healing, and 3 places if we were together I would place my hands. Absent Magnified Healing® is just sent remotely, never over Zoom or phone; \$50 per half hour session includes additional time to consult to talk/text/email about your needs during the scheduled session, can be over the phone. Myra Reichel 610-348-5698 or by email [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org)

**ZOOM or Phone Reiki or Karuna Reiki®:** By appointment 7 days per week 8am -8pm. \$50 per half hour session including additional phone/text/email time to connect and let your intention for the healing be known. For Reiki list Physical, Mental, Emotional, and Spiritual. For Karuna Reiki® indicate if clearing healing is needed for any type of abuse, habit, addiction, karmic, test, psychic attack, grounding, etc.

## CLASSES AND WORKSHOPS

**In person LIVE Intro to Reiki/Introduction to Reiki** \$200 per 3 hours. (students can opt to continue with balance of class by paying additional fee \$400 for in person or \$200 for online class or \$250 for combo Reiki I Shoden class).

**In Person LIVE Reiki and Karuna Reiki® Classes** each level of 4 levels Reiki \$550 per 12 hours of class over 2-3 days, each level of 3 levels Karuna Reiki® is \$550 per 8 hours of class over 1-2days, Ethics is \$100 per 2 hours of class Ethics of Touch by Ben E. Benjamin, PhD and Cherie Sohnen-Moe is required workbook (additional fee \$35 + shipping though teacher) (group rates are available for larger sized classes), and Holistic Practitioner Business classes price depends on length of class are held by appointment Monday, Wednesday, and Thursday 8am-11am, and Tuesday, Friday, and Saturday between 8am – 5:30pm (1st, 2nd, and 4th Friday later in evening).

**In person Magnified Healing® First and Third Phase Workshops** \$550 each level are held by appointment for 16 to 19 hours over 2-3 consecutive days on Monday, Wednesday, and Thursday between the hours of 8am-11am. By appointment. Thursday, Friday, and Saturday between 8am – 5:30pm (1st, 2nd, and 4th Friday class can go later in evening).

**Online Intro to Reiki/Introduction to Reiki** \$100 for 3 hours. (students can opt to continue with balance of class by paying additional fee \$500 for in person or \$250 for online class or \$350 for combo Reiki I Shoden class).

**Online LIVE Reiki and Karuna Reiki® Classes** over ZOOM or other online platform each level of 4 levels Reiki \$300 per 12 hours of class over 2-3 days, each level of 3 levels Karuna Reiki® is \$550 per 8 hours of class over 1-2days, Combo class less than half in person \$400.

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**Online Ethics** is \$100 per 2 hours of class Ethics of Touch by Ben E. Benjamin, PhD and Cherie Sohnen-Moe is required workbook (additional fee \$35 + shipping though teacher) (group rates are available for larger sized classes).

**Online Holistic Practitioner Business classes** price depends on length of class are held by appointment Monday, Wednesday, and Thursday 8am-11am, and Tuesday, Friday, and Saturday between 8am – 5:30pm (1st, 2nd, and 4th Friday later in evening).

**Online Magnified Healing® First Phase Review and Advanced Studies Workshop** can be held over Zoom or Skype or Messenger or other online programs over 2-3 consecutive days by appointment as part of a group class of two or more students.

Call to let me know when you would like to take your class and I can see if I have dates that no one is scheduled to take a class. If following month I can schedule your class before end of month. To schedule your class please call Myra Reichel 610-348-5698 or email me at [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) please let me know your general availability and what is your potential start dates and if there are any dates you cannot do class. Some days have a long lunch during meditation or meeting.

## Scheduled Reiki CLASSES as of September 28<sup>th</sup> 2021

In person LIVE classes are held at Heartspace, 215 West Baker St. Media, PA 19063. You can pay deposit to reserve your space in class. The balance if deposit is given or full payment if no deposit give is due at first class when you will receive your workbook(S). Certificate at last class after completion of hours and review form.

A ZOOM link will be sent for online classes (other online platforms are possible). Once class is paid for in full you will receive your workbook by email. Your Certificate will be mailed after receipt of review form.

As scheduled or schedule by appointment either Distance Learning over ZOOM or LIVE in-person. If as of 3 days before scheduled date of class no students have registered for class with deposit then Myra will release the dates to hold other classes.

## Tuesday Classes – in person

Any Reiki class either 2 six-hour classes or 3 four hour classes or 4 three hour classes per level or Karuna Reiki® either 1 eight hour or 2 four hour classes by appointment between 9am -5pm classes can be scheduled or any 2 hour or longer Ethics or Holistic Practitioner class by appointment between 9am - 5pm classes can be scheduled.

Reiki I Shoden LIVE in-person, Tuesday, August 31, 11 am to 5:30 pm and Friday September 3 from 10 am to 4:30 pm

# Reiki Healing Center Newsletter - September 2021

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Karuna Reiki® 1 (8 hours of class total) will be over LIVE by appointment.

Karuna Reiki® 2 (8 hours of class total) LIVE by appointment.

Karuna Reiki® Master (8 hours of class total) LIVE by appointment.

## **Wednesday Classes – zoom 8am-8pm or in-person 8-11am**

Any Reiki class either 3 four-hour classes or 4 three hour classes per level or Karuna Reiki® either 1 eight hour or 2 four hour classes by appointment between 2-6pm can be scheduled or any 2 hour or longer Ethics or Holistic Practitioner class by appointment between 9am -5pm classes can be scheduled. Karuna Reiki® 1 (8 hours of class total) will be over LIVE by appointment.

Karuna Reiki® 2 (8 hours of class total) LIVE by appointment.

Karuna Reiki® Master (8 hours of class total) LIVE by appointment.

## **Thursday Classes LIVE in-person or zoom**

Any Reiki class either 3 four-hour classes or 4 three hour classes per level or Karuna Reiki® either 1 eight hour or 2 four hour classes by appointment between 2-6pm can be scheduled or any 2 hour or longer Ethics or Holistic Practitioner class by appointment between 9am -5pm classes can be scheduled.

### **GURDJIEFF MEETINGS**

Myra Reichel has been a Member of the Institute for Religious Development since 1971, she studied with G.I. Gurdjieff's student W. A. Nyland.

We start with a few phone calls and discussion of G. I Gurdjieff's *All and Everything*, last chapter 'From the Author' then first and second chapters. We proceed with some recordings and transcripts of Mr. Nyland's 2,600 recordings of meetings from the 1950s-1970s. Then move into our group meetings where students discuss and report on actual application of Gurdjieff's method.

## **Friday Classes LIVE in person**

Any Reiki class - either 3 four-hour classes or 4 three hour classes per level can be scheduled. For Karuna Reiki® either 1 eight hour or 2 four hour classes by appointment between 2-6pm can be scheduled. Any 2 hour or longer Ethics or Holistic Practitioner class by appointment between 9am -5pm classes can be scheduled.

Reiki I Shoden LIVE in person Fridays, September 3<sup>rd</sup> and 10<sup>th</sup> two full 6 hour days between 9am until late in the evening or September 10<sup>th</sup> and 17<sup>th</sup> and 24<sup>th</sup> three 4 hour days sometime afternoon or September

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3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, and 24<sup>th</sup> half days 4 three hour classes in afternoons at Heartspace, 215 West Baker Street, Media, PA 19063

Reiki II Okuden LIVE over ZOOM September 17<sup>th</sup>, 24<sup>th</sup>, and October 8<sup>th</sup> from 9:30am to 2pm and continues September 24<sup>th</sup> from 11am-2pm over ZOOM.

Reiki II Okuden (12-hours class total) half zoom and half in person at Heartspace, Media, PA: class over ZOOM and/or in person LIVE at Heartspace, Media, PA 19063 or do all in person by appointment. To start after September 9<sup>th</sup> by appointment.

Reiki Master Practitioner/ first half of Shinpiden Reiki Master on Friday, October 8<sup>th</sup> between 9am to 2pm over zoom and in-person from 2:30pm into evening and October 15<sup>th</sup> between 9am to 2:30 pm on zoom or 9am to 3:30 in person or possibly over zoom.

Reiki Master Practitioner Fridays, Oct 15<sup>th</sup> 9:30am -2pm on zoom and possibly October 22 or other Friday by appointment.

Reiki Master Practitioner/first half of Shinpiden Reiki Master Fridays, October 8<sup>th</sup> and 15<sup>th</sup> and 22<sup>nd</sup> 9:30am to 2pm over zoom or can be scheduled in-person or combination of in-person and over zoom.

Shinpiden Reiki Master Fridays, October 8<sup>th</sup> and 15<sup>th</sup> and 22<sup>nd</sup> and/or other dates.

Shinpiden Reiki Master Fridays Oct 15<sup>th</sup> and additional dates for 24 hours of class by appointment.

Reiki Master Shinpiden (2nd half of Shinpiden Reiki Master where students learn to do Reiju and Reiki Attunements) 12hour class total ZOOM Distance Learning: Friday October 22<sup>nd</sup> and October 29<sup>th</sup> and possible additional dates by appointment.

Reiki Master Shinpiden (12 hours classes) total LIVE Fridays, September by appointment

## **Saturday Classes – LIVE in-person or zoom**

Any Reiki class either 3 four-hour classes or 4 three hour classes per level or Karuna Reiki® either 1 eight hour or 2 four hour classes by appointment between 2-6pm can be scheduled or any 2 hour or longer Ethics or Holistic Practitioner class by appointment between 8am -5:45pm can be scheduled in person. Zoom classes can run later.

## **PAYMENT INFO**

If you wish to send us a donation or pay deposit or balance or full fee for sessions or classes: Please send your deposit/payment via Paypal/Venmo to [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org), CashApp to \$myrareichel. If

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paying by check for Zoom please ask for our special mailing address. In-person pay deposit/balance/full fee: check or cash or online by PayPal/Venmo/Cashapp.

**Continuing Nursing Education** is available for Reiki I Shoden 10CNE, Reiki II Okuden 10CNE, and Shinpiden Reiki Master 22CNE (a combo of Reiki Master Practitioner and Reiki Master Shinpiden). All classes can be scheduled by appointment on Zoom or in person or check our newsletter for dates already scheduled.

## REIKI SHARES

We have had very little response, only one person per date/time to requests for attendees for in-person Reiki Shares during the pandemic. At our Annual Usui Birthday Party this year we had 10 tables outside for people to trade in-person sessions and only used 3. We could hold an evening Reiki Share over ZOOM on Tuesday evenings is anyone interested in attending. We have had great success in sending Reiki over Zoom even with Reiki 1 students. Please let me know [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org). I am willing to do the First ZOOM Reiki Share on Tuesday, September 28<sup>th</sup>, 7-8:30pm. Please send me your email on Monday, September 27<sup>th</sup>, so the zoom link can be sent to you for Tuesday. I will assign 5 people to each ZOOM break out room so you will have a comfortable number of people to work together with to trade sessions. If you wish to be with particular people then send all emails together as a group and I will provide a break-out room for you.

## ZOOM MEDITATIONS or CHANTING

For the first year of the pandemic we offered weekly zoom meditations then we switched to offering Chanting for Healing monthly which stopped in July and August. Is there anyone who would like the meditations on zoom to start again or the Chanting for Healing to start again?

## HOLISTIC PRACTITIONERS

**Djuna Wojton** is hosting an Internet radio show, Voices for the New Age, on Wednesday August 18th from 1 -2PM ET on [www.voiceamerica.com](http://www.voiceamerica.com) Each week will feature interviews with spiritual teachers, healers, and authors that offer cutting edge holistic techniques that improve your health and well-being, and facilitate personal growth. And if you miss the live call-in show, each program will be available On Demand on [voiceamerica.com](http://voiceamerica.com) or on Djuna's website [www.djunaverse.com](http://www.djunaverse.com) If you'd like to explore your past lives or travel on a shamanic journey, Djuna is also available for Crystal Dreaming Sessions. Contact Djuna for more information [djunawojton@me.com](mailto:djunawojton@me.com).

**Linda Minton**, Reiki Master Shinpiden – Practitioner offering sessions and Teacher offering classes. Master Teacher of Magnified Healing® Magnified Healing (R) Practitioner offering sessions/Phase 1 Teacher offering workshops. She is offering Internet/FB live & distance/ph. conf. sessions! Check with

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Linda about times she is at the local diner. Distance Reiki and Absent First Phase Magnified Healing® Sessions and in-person sessions at by appointment. Offers Angel Readings and I Ching Readings, Reiki, and can also be purchased as a gift! Contact # 610-237-0458 house./ 215-605-7189 cell.

[woofsing@yahoo.com](mailto:woofsing@yahoo.com)

**Nataki McNeal Bhatti** – Master Teacher of Usui Reiki and Magnified Healing(r) and a Karuna Reiki(r) Practitioner. She offers remote sessions and teaches classes on an individual basis. She is available for Magnified Healing(r) 1st Phase, 3rd Phase sessions and classes and Usui Reiki Shoden and Okuden (levels I and II) classes. For more information go to [www.reikibynataki.com](http://www.reikibynataki.com) or contact her directly at 570-991-8733 or WhatsApp 1 + 5709918733 for a free consultation. Located in Wilkes Barre area.

**Khadijah Renee G. Morgan RMT, CFT, LSW** : Shinpiden Reiki Master/Teacher, Certified Couples and Family Therapist, Licensed Social Worker. Philadelphia, 267.624.8246

[www.morgantherapeuticservices.com](http://www.morgantherapeuticservices.com). Khadijah offers in person Reiki Shares for a donation the last Sunday of each month 1-4pm by appointment at the Wissahickon Wellness Center 5740 Wissahickon Ave. Philadelphia PA 19144 [www.wissahickonwellness.com](http://www.wissahickonwellness.com) [reneequeen1954@gmail.com](mailto:reneequeen1954@gmail.com) LIVE MONTHLY REIKI SHARE IN PHILADELPHIA for Reiki Practitioners

**Eloise Prescott, M. Ac., L.Ac. Shinpiden Reiki Master and Acupuncturist** Call 267-240-5109 or email [eloise.prescod@gmail.com](mailto:eloise.prescod@gmail.com) We have changed our location. Essence of Acupuncture will be providing “in-person” Acupuncture and Reiki The hours are Friday 9am – 6pm and Saturday 12 Noon - 6pm. There are specific acupuncture points that build Qi and your immunity by increasing the white blood cell count. Check with the CDC for more information. Now is the time to build our immunity. One of the ways we can do this is by increasing our intake of nutrient dense foods. We will be having cooking classes to show you how to prepare some of these foods We will also be at Community Acupuncture of Mount Airy (CAMA), located at 6782 Germantown Ave on Thursday afternoons 12noon – 4pm go to [essenceofacupuncture.janeapp.com](http://essenceofacupuncture.janeapp.com) if you wish to schedule an appointment.

**Jana Rose** became Reiki Shoden Practitioner Certified in 2017, she did not start actively as a coach and healer until 2020, shortly before the pandemic hit. She does Reiki with somatic massage in addition to coaching people on yoga, embodiment practices, meditation, and creative expression to help with holistic healing. She also uses essential oils as part of her somatic bodywork. In addition, her couples coaching program helps new lovers and long-time partners revive and invigorate intimacy in their relationships, through practices like meditation, unique endeavors, and healthy accountability.

You can visit her at the Mother Jana Healing Center with Covid precautions currently in place, 614 Darby Rd., 3rd Floor, Havertown, Pa 19083. Book an appointment on Calendly through [MotherJana.com](http://MotherJana.com) or contact via email or phone: [janamarierose79@gmail.com](mailto:janamarierose79@gmail.com)

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**Linda Gradess** presents Mindfulness-Based Stress Reduction (MBSR)

Mindfulness-Based Stress Reduction (MBSR) is an 8-week program developed by Jon Kabat-inn, at the University of Massachusetts Medical Center in 1979. The program is based on mindfulness, a simple meditative practice that strengthens one's ability to stay focused on what is happening in the present, to be open to experience, and to make wise choices. Over the last 40 years MBSR has been growing in popularity.

Find out for yourself if MBSR is the right program for you!

Join Piero Falci and Linda Gradess for a free information session via Zoom Saturday 9/18 at 9AM to learn more about how this program can provide you with tools to better cope with life's challenges and respond with awareness rather than react out of conditioned habits.

Register here to attend:

<https://us02web.zoom.us/meeting/register/tZcsc-6opz0jEt2xi8DQIbVJzS9x2VVUfB27>

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Our Facebook page: <https://www.facebook.com/reikihealingcenter>

Our Facebook Group <https://www.facebook.com/groups/21961169505>

Our website <https://reikihealingcenter.org>

to unsubscribe: [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org)